



News Notes

#1126 A weekly bulletin for residents of Auroville 9 April 2026



Photo by Rama Narayana

Pondering

There is nothing mind can do that cannot be better done
in the mind's immobility and thought-free stillness.
When mind is still, then truth gets her chance to be heard in the purity of the silence.

Sri Aurobindo, The Hour of God

The great are strongest when they stand alone,
A God-given might of being is their force.

Sri Aurobindo, Savitri



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House of Mother's Agenda



...Personally, I have nothing to say.

This is a period of study and observation. There is absolutely nothing to say. It's a whole world of minute observations which, I hope, will lead me towards something more... positive. More exactly, it's a demonstration of the inadequacy of the usual methods when it comes to acting according to Truth—and it goes on night and day.

Two nights ago, I had an experience I hadn't had for perhaps more than a year. A sort of concentration and accumulation of divine Energy in the cells of the body. During a certain period (I don't remember when), every night I had a kind of recharging of batteries through contact with universal forces; I had it again two nights ago, spontaneously. Then last night, when I wanted to look, to study, to understand how it worked, I was given a lavish demonstration of the inadequacy and utter uselessness of all processes of consciousness working through the mind. They are useless, they simply spoil the experience.

Previously, when I had an experience, I took great care to keep everything quiet and still so that it wouldn't be interrupted; but afterwards it was always made use of by the mind in its typical way (not exactly "typical," but typical to the mind), and this appeared to be inevitable. But now it doesn't work in the same way: it's limited to a few inevitable interventions; I mean people speak to me or I to them (I keep as silent as I can, but they still chatter away about every possible subject and I am obliged to answer), and it's limited to that. But as it is, even that... as soon as I am a bit concentrated, even that seems so... not wrong or distorted, not that, but INADEQUATE. It expresses absolutely nothing, that's all I can say.

The TRUE thing escapes completely.

So I am in a transitional position—it's all very well to see what's wrong, but there should at least be something that's right!

I have been given certain promises—great promises. Not "promises," but what comes is: "This is how it will be." Great things—concrete manifestations of the divine Power, the divine Consciousness, the divine Action. And spontaneous, natural, inevitable....

This is obviously being prepared (*Mother touches her body*) so that it won't put the usual obstacles in the way of expression.

But I would much prefer the thing to BE rather than just talk about it. That would be more interesting. So for the moment I prefer to say nothing.

(silence)

Many things could happen.... But how much time will it take? I don't know.

(silence)

Last night I said to myself, "Now look, that's not so brilliant—if we are still no farther than that...." You see, I was having an experience of (it wasn't an experience, really, but quite a normal state that was continuing and, as far as I could see, was practically continuous)... a recharging of batteries. But there was also a kind of receiving and observing device—de-testable! And I used to think it was excellent! For years before last April, everything was very calm, the mind was always turned this way (*gesture above*), silent, and there was a sort of functioning—I thought it was very good! Well, I have realized that it's worthless. Mind you, I wish everyone could have what I had! It was extremely handy, far beyond ordinary mental methods—but in fact, it's not true. It is still a... a gimmick. Not the TRUE thing. It's still one of the things that keep life from being divine, so it's worthless!

But what in our present existence doesn't keep life from being divine?... Nothing I know of! (*Mother laughs*) happily, Sri Aurobindo and I were the same on this point [a sense of humor]. Effortlessly, from a very young age, something in me has always laughed. It sees all the catastrophes, sees all the suffering, sees it all and can't help laughing—the way one laughs at something that pretends to be but isn't.

In the end, that's how you manage to hold on. It's a great thing.

(to be continued next week)

The Mother's Agenda, June 27, 1962

<https://incarnateword.in/agenda/3/june-27-1962>

Gangalakshmi HOMA

Townhall Speaks

PONDICHERRY ELECTION LEAVE NOTIFICATION

Thursday, 9 April 2026

All Unit Holders and Employers of the Auroville community are hereby informed that certain regions in the vicinity of Auroville, falling under the jurisdiction of the Union Territory of Puducherry, will be going to the polls on Thursday, 9 April 2026.

As per Notification No. 2127/LAB/AIL/TC/2026 issued by the Labour Department, Government of Puducherry, and with reference to Letter No. 78/EPS/2026 dated 16/03/2026 issued by the Election Commission of India, it is mandatory for employers to grant paid leave to employees who are registered voters in these regions, to enable them to exercise their franchise.

Employees eligible to vote should be provided sufficient time and opportunity to participate in the electoral process without any loss of wages.

- The Puducherry regions in the vicinity of Auroville include, but are not limited to: **Kalapet, Pillaichavady, Alankupam, Sanjeevi Nagar, Lawspet, and Muthialpet.**
- All Unit Holders and Employers are requested to ensure compliance.
- For any further details or clarifications in this regard, please write to sewa@auroville.org.in

Sandjiv on behalf of SEWA

GREENBELT SERVICE:

Regulating the income-generating activities

Regulating the income-generating activities undertaken by Aurovilian residents living within the Greenbelt settlements: FAMC & Green Service are regularizing the reporting, accounting and supporting the Aurovilians' generating income derived from land use, accommodation, and natural resources harvesting such as fruits, vegetables, and firewood. All such resources will be channeled and accounting for the same will be done under the Green Service umbrella.

Please contact Greenbelt Service for further information, registrations and follow-up on reporting and Accounting.

greenbelt-service@auroville.org.in

Sivaraj for GBS

TOWARDS PROSPERITY

A community sharing—you are warmly invited

Saturday, 11 April, 4:30pm onwards

@ Sri Aurobindo Auditorium, Bharat Nivas

Over the past months, something quiet but important has been happening. More than 250 residents responded to a survey. Four cluster conversations were held across the community. Twenty interviews were recorded. A lot was heard—honestly, sometimes uncomfortably, always with care. On April 11, we would like to share what emerged—with you, and with anyone who cares about how life is sustained in Auroville.

We will begin with a documentary—voices from across Auroville. People speaking about their daily realities, their concerns, their hopes. Not a polished production. A real one.

AWARE will then present the key findings from the process—what the community said, what patterns emerged, and ten concrete directions that have been proposed in response.

Then the floor opens. For questions, for pushback, for whatever needs to be said. Your feedback on that day will shape the final report before it is published on Auronet and submitted to FAMC—with the intention that something actually begins on April 24.

With Lakshay, FAMC members Chandresh & Kalya, and facilitators Deven, Uma, Sanjeev R, Suriyagandhi, and Anandi. This is not a finished thing being presented for approval. The report is still being written—and your voice on April 11 is part of writing it. Come if you can.

FAMC, William

CLARIFICATION REGARDING YOUTH CENTER

We would like to share an important update regarding the ongoing clearing work at the former Youth Center site.

The Ex Youth Center was officially closed by the FAMC and relevant Working Groups more than three years ago, following prolonged obstruction to the implementation of the Crown Road. Approximately six months ago, the two adults residing at the site were invited to a joint meeting with Auroville Working Groups (AV Security, ATDC, FAMC, Working Committee) along with officers of the Auroville Foundation. During this meeting, they were requested to submit an application to the Housing Service for alternative accommodation, along with details of their work in Auroville. The Working Committee and FAMC also extended their full support in identifying suitable housing and work opportunities. Both individuals agreed to this proposal at the time.

However, this was followed by the receipt of legal notices from them, indicating their refusal to vacate the premises.

In light of this, the Working Groups, in coordination with the Auroville Foundation, proceeded with the clearing work on Friday, 20 March 2026. The work progressed smoothly during the morning hours. Unfortunately, after the lunch break, when the full clearing team was not present on site, a violent incident occurred. Some members involved in the process were subjected to aggression, required medical attention, and have since filed police complaints.

Despite these challenges, the clearing work resumed and continued through the afternoon. Further obstruction was encountered, including individuals climbing onto JCB machinery in an attempt to halt operations. As of now, approximately 90% of the clearing work has been completed.

We sincerely appeal to the Auroville community to extend their cooperation so that the remaining work can be completed in a peaceful and orderly manner.

It is also important to note that the Ex Youth Center space had increasingly been used as a hangout and party venue for guests and tourists, which diverted from its intended purpose and raised concerns regarding its influence on youth development and activities in Auroville. Additionally, certain social media narratives being circulated by supporters of the Ex Youth Center contain misinformation and abusive content, which we urge the community to view with discernment.

At the same time, a new Youth Learning & Training initiative is currently being developed with support from the Government of India. Continued support is also being extended to Youth Link at Yuva Sanga, and other youth initiatives are encouraged and supported to foster meaningful youth engagement in Auroville.

In alignment with the Mother's Galaxy Plan, the Crown Road has been laid, passing through the Old Youth Centre. Following this, efforts have now been undertaken to clean and prepare the Old Youth Centre area to facilitate harmonious development.

- For further clarity, a detailed note outlining the history and relevant facts concerning the Ex Youth Center has been shared as QR code.



In collaboration and harmony, The Working Committee of the Residents' Assembly, Auroville
From Mass Bulletin

Community News

Matrimandir News & Schedules

SAVITRI READING: Summer time is ON

From this month onwards, up to next September, *Savitri* reading timings are now from 6 to 6:30pm

- Reporting, no later than 5:45pm.
- Leaving, no later than 6:45pm.



Antoine
for Matrimandir Executives

Amphitheatre: Meditations at sunset with *Savitri*

- 6—6:30pm, every Thursday,
weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Auocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Auocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Auocards. **Last entry for guests** at 5:45pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am—3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am—11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Auocards.
- *Savitri* Readings on Tuesday evenings: Guests holding only Auocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday, 6—8am, 4:30—7:30pm.
- Sunday, 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to **registered Volunteers**:

- Every day, 4:30—6pm.
- Volunteers are requested to come and get their revised passes between 10—10:30 am from the Matrimandir office.
- **It is obligatory for the volunteers and pass holders to carry the pass with them.**

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in.

- Any day except Tuesday & Sunday, 8—8:25am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in.

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre. The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org.

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security. Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine
for Matrimandir Executives Team

Awakening Spirit

SAVITRI BHAVAN, APRIL 2026

Exhibitions

9am—5pm, Sunday closed

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo: A life-sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Savitri
B H A V A N

Films: Mondays, 4pm

- **13 April: About Savitri—Book 1: The Book of Beginnings, Canto 3—The Yoga of the King: The Yoga of the Soul's Release, Part 5—read and commented by The Mother.** The Mother, together with Huta, took up the project *About Savitri* in 1968—1970. The Mother read lines from Sri Aurobindo's epic poem *Savitri* and commented on them. Her reading of *Savitri* and commentaries are given in this compilation of videos under the headings: *The Infinite Discovery, Emergence of New Possibilities, Secret Knowledge Masked in Ignorance, and Complete Change of Consciousness.* The texts of *Savitri* and of The Mother's commentaries are displayed on the screen. Duration: 43min.

Earlier, The Mother expressed her wish to explain *Savitri*. She said: "Savitri is occult knowledge and spiritual experience. Some part of it can be understood mentally—but much of it needs the same knowledge and experience for understanding it. Nobody here except myself can explain *Savitri*. One day I hope to explain it in its true sense."

The appearance of our earth and its creation is full of confusion and logical incoherence. It is there to learn that there is a Conscious Will working through the confusion to prepare the evolution towards a greater perfection. And when one rises above the appearances, one can understand the ways of the Consciousness and the goal towards which the universe is tending.

The confusion and logical incoherence of the creation are described in *Savitri*, and The Mother had the following to say about them: "All these images are meant to break the ordinary receptivity of mind, and to open it to the conception vaster, truer, creative, of the Supramental.

It is only in a receptive silence—when the all-inquisitive mind stops moving—that one can feel and understand the images described in these verses."

Further, The Mother stated that many possibilities had been stolen from men so that men cannot use them. She mentioned that "...the same possibilities will be revealed by the New Consciousness and put at the disposal of men, if they wish to become Supermen and go beyond their poor consciousness towards a fuller and a more Divine Realisation.

This is just the work that is being done now for all those who aspire and are ready."

All the possibilities of the New Consciousness and the Change of Consciousness are happening now and will happen more and more as the New Consciousness is working closer to the human consciousness. The Mother said about the change of consciousness: "This inner change, the change of the consciousness even in the body, is the first to come. The possibility of it is already there, and it has been realised. It will be followed by the change of the physical consciousness, and at last by the body-consciousness, which is the most difficult thing to do. But this change is to come, to be realised and lived before the coming of the New Race."

In *Savitri*, Sri Aurobindo described these immense inner changes of consciousness and of the body as the yoga of

the King Aswapati, which is also the yoga of Sri Aurobindo himself:

A genius heightened in his body's cells / That knew the meaning of his fate-hedged works... / Apart he lived in his mind's solitude, / A demigod shaping the lives of men: / One soul's ambition lifted up the race;... / The universal strengths were linked with his; / Filling earth's smallness with their boundless breadths, / He drew the energies that transmute an age. ... / Lonely his days and splendid like the sun's. (Savitri, p.44-45, End of Canto 3)

Each of the four small videos under different headings—compiled into one film—ends with the picture of The Mother and Sri Aurobindo with a zoom-in effect. Their coming closer allows us to open our psychic and receive their support and blessings. It also helps us to live from within and with the inner Divinity.

All videos of "About Savitri—The Mother's Commentary" are available at the AuroMaa website:

- <https://auromaa.org/about-savitri-the-mothers-commentary/>

The website also provides a link to every video of the series available on YouTube.

- [About Savitri: The Mother's Commentary | B1C3-20 Complete Change of Consciousness](#)

- **20 April: The Mother's Victory—**The Supreme Divine always keeps up building a higher harmony and a greater unity. A video talk by Dr Alok Pandey. Duration: 37min. Followed by **The Mother of Dreams** by Sri Aurobindo, a poem written in Alipore Jail and read by Shraddhavan, created by the Savitri Bhavan Team. Duration: 8min.
- **27 April: Interview with Jhumur by Narad—**Jhumur shares her remembrance about Sri Aurobindo and his golden light as well as her and other children's learning with The Mother in the Ashram. Duration: 72min.

Dream Divine Series

- **Fridays, 4—5pm @ Sangam Hall of Savitri Bhavan**
Everyone is welcome

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

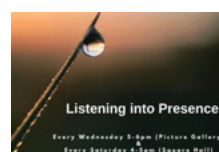
- **10 April: Surrender in Savitri—**A recorded video talk by Jamshed Mavalwalla
- **17 April: Divine Grace and plasticity—**a powerpoint presentation by Nethya, Savitri Bhavan
- **24 April: Holding the Flame: Staying True in Times of Turbulence—**Talk by Dr. Alok Pandey



Listening into Presence

- **Every Wednesday, 5—6pm @ Picture Gallery**
- **Every Saturday, 4—5pm @ Square Hall**

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies. Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies. *Guided by Misha (Mike).*



Talks of Dr. Alok Pandey on Sri Aurobindo's *Essays on The Gita*

Wednesdays, 4—5pm
@ Sangam Hall
• 15 April, 6 May



Exploring the Frontiers of Consciousness: Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an online contemplative study of Sri Aurobindo's *Savitri*. The program began on 15 August 2025, focusing on selected cantos from Part One of *Savitri*. Bi-weekly sessions combine guided reflections (via Shraddhavan's recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.

Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more: savitribhavan@auroville.org.in

• www.savitribhavan.org



Guided Yoga Nidra sessions

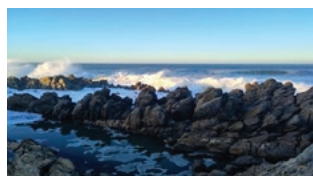
• Every Tuesday, 11am—12noon @ Sangam Hall

Guided Yoga Nidra session, infused with the wisdom of The Mother and Sri Aurobindo and accompanied by a deeply restorative sound journey. This is a sacred space for deep inner rest, alignment and receptivity. As part of the practice, we invite you to prepare a Sankalpa—a short, positive sentence that serves as a crystallization of your spiritual aspiration. Please arrive a few minutes early.

Things to bring: A yoga mat if can or cushions are available to lie down. Conducted by Sunny and Team

Reading on Nature

Animal and Plant Kingdom from the Mother and Sri Aurobindo's writings with Aikya. Open group, eventually followed by small discussion/sharing.



• Wednesdays, 10:30—11:30am,
@ Savitri Bhavan Library area

Light and Delight

• Thursdays 5—6:15pm @ Savitri Bhavan

Light & Delight

Meditate on Huta's paintings with lines from *Savitri*
Write & share your inspired poetry
Thursdays 5-6:15pm, Savitri Bhavan

Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom.

The Mother called Savitri "the supreme revelation of Sri Aurobindo's vision". She painted lines from this epic poem along with Huta, a sadhak from the Sri Aurobindo Ashram. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions.

We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders: Bring paper and pen, Come on time or 5-10 minutes earlier, Meet at Sri Aurobindo's statue, Voluntary contribution to the venue. Anandi Z.

Invitation: A poetic stillpoint...

• @ Savitri Bhavan Garden, open 9—5pm.

Inspired by Sri Aurobindo's poem "Invitation," written in 1908-09 in the Alipore prison, Poetry By Design invites you to stroll, pause, recite, read, linger, sketch—or simply BE.



Located in the Savitri Bhavan Garden, open from 9—5pm. Jute mats and a granite bench are available for seating.
chetana@auroville.org.in

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** Finding the soul (Book 7 Canto 5 of Savitri) led by Dr. Jai Singh
- **Mondays to Saturdays, 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays, 11am—12noon:** Guided Yoga Nidra session led by Sunny
- **Tuesdays, 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Wednesdays, 10:30—11:30am:** Reading on 'Nature' with Aikya
- **Wednesdays, 5—6pm & Saturdays, 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays, 3—4pm:** Reflections on Sri Aurobindo's Isha Upanishad led by Dr. Jai Singh
- **Saturdays, 5—6:30pm:** Satsang led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm.

Margrit, Velmurugan & Dhanalakshmi
for Savitri Bhavan

AUROVILLE DISCOVERY PROGRAM

Every 3rd Saturday 3—5pm

@ Auditorium, Auroville Visitors' Centre

Volunteers, Interns, Staff & Workers:
Understand | Align | Contribute

Auroville is a living experiment in Human Unity. The Discovery Programme offers volunteers a grounded introduction to the practical functioning of the City — helping align work & attitude.

Every 3rd Saturday | 3:00-5:00 pm
Venue: Auditorium, Auroville Visitors' Centre.

Auroville's Purpose

Participation & Process

Lived Experience

Dialogue & Reflection

Clarity to Contribute

Participants may also choose to attend monthly and connect with the volunteer community.
awave@auroville.org.in

Auroville is a living experiment in Human Unity.

The Discovery Programme offers volunteers a grounded introduction to the practical functioning of the City—helping align work & attitude.

Attend to Gain:

- Auroville's Purpose; Participation & Process
- Lived Experience; Dialogue & Reflection
- Clarity to Contribute

Participants may also choose to attend monthly and connect with the volunteer community.

Registration required: Scan the QR code on the poster or [click on the link to register](#).

For more information: aware@auroville.org.in.

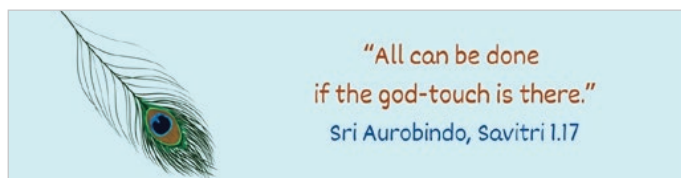
Lakshay

8

E&N 126 - 9 April 2026

BHAGAVAD GITA IN DAILY LIFE

29 March to 24 April, 5—6am, daily online zoom



On 29 March, 1914, The Mother met Sri Aurobindo for the first time in Pondicherry, recognizing him from her spiritual visions as "Krishna." 24 April, 1920, marked The Mother's final arrival in Pondicherry when she returned to settle permanently and work with Sri Aurobindo on their Integral Yoga sadhana. She later called this date a "tangible sign of the sure Victory over the adverse forces."

Some of us are embarking on a collective learning yajna to integrate the wisdom from Bhagavad Gita in our day-to-day life. We will be referring to all 700 shlokas of the Gita in Sanskrit along with daily practices, reflections and reading excerpts from Sri Aurobindo's Essays on the Gita and The Mother's writings. All are welcome.

- For more details and registration click: tinyurl.com/gitainlife
- Feel free to write to us: vidyamandir@auroville.org.in
Deven, Shaalini for Vidyamandir

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother's Flower Garden

All are welcome

For queries: vidyamandir@auroville.org.in
Deven for Vidyamandir Auroville Team



A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo



By Deepti Tewari
4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville



Monisha

Books



Laboratory of Evolution Library

Opening: Monday to Saturday 9am to 12 am
Tuesday, Wednesday, Friday & Saturday 2:30 pm to 4:30 pm



Focused on the evolutive vision of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotericism, Sciences, NDE, Body Consciousness, Health etc.

The complete works of Sri Aurobindo & The Mother are available in many languages, also books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD

Open for Aurovilians, Newcomers, Volunteers, & Guests

Located at HORIZON, in front of SVE DAM, Lorenzo Food Laboratory

Kalyani

AUROVILLE LIBRARY

Weekly Readings of The Life Divine



Weekly Readings of The Life Divine
with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
(From 23 January 2026)

All are welcome.

Contacts:

- 0413 2622894, avlib@auroville.org.in
- <http://library.auroville.org.in/>

Opening timings

- Mornings:**
 - Monday—Saturday, 9am—12:30pm
- Afternoons:**
 - Monday, Wednesday, Thursday, Friday & Saturday: 2—4:30pm
 - Tuesday: 4—6:30pm

Ayesha for Auroville Library team



Education

GRANT PROPOSALS 2026, FWE AND SDZ

Aurovilians are invited to prepare and submit grant proposals for possible funding by Stichting De Zaaier and the Foundation for World Education in the second half of 2026.

A grant application form and budget request table are available on request from abundance.pcg@auroville.org.in for this purpose.

You are encouraged to send in a draft version of your proposal before finalizing the application.

Following the procedures set up by the Foundation for World Education and Stichting De Zaaier, proposals will be checked to ensure that the grant request falls within their funding criteria and then forwarded to them to be reviewed for selection and grant allocation by their Board members.

Please note that funds are not available for infrastructure, buildings or transport. Requests for equipment will be considered if specifically required for the implementation of the project and are not already available in Auroville.

NB Both SDZ and FWE have indicated a preference for the funding of projects and activities for which the maintenance of Aurovilians is either covered by Auroville or from a source other than the grant being requested.

Please note that if you are submitting a proposal that has anything to do with Auroville or Auroville Outreach schools, or students of any individual classes, your proposal is to be reviewed by all concerned School Boards prior to being submitted. (Please contact any individual schools mentioned in your proposal before submitting it to the School Boards.) It is important that all the relevant bodies (i.e. schools, teachers, school boards, etc.) are aware of your project and support it. In this way, the donors will know that such requests have the support of schools and thereby have a greater impact on the beneficiaries of the project.

Important to note: If you have already received funding for a project through Abundance PCG please send in a progress report/status update (if project is ongoing) or final report (if project has been completed or all funds have been utilized) before making an application for new grant.

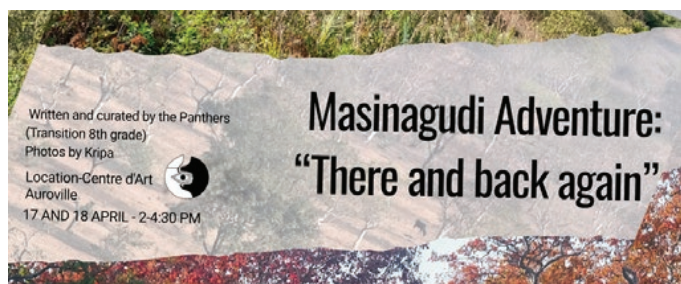
For more information, assistance or a grant application form and budget request table, please write to:

- abundance.pcg@auroville.org.in

Pala, for Abundance PCG

MASINAGUDI ADVENTURE: THERE & BACK AGAIN

Interactive photo exhibition
By Panthers, 8th grade of Transition School



Friday, 17 and Saturday, 18 April, 2—4:30pm
@ Centre d'Art, Auroville

We, the Panthers, the 8th grade of Transition School, invite you to our interactive photo exhibition. We look forward to seeing you.

Saranya for Panthers

ILAINARKAL EDUCATION CENTRE

Tamil New Year: Arul Thottram-Evolution of Grace

10—13 April, Friday to Monday,
Celebration of Art and Literature

Ilaignarkal Education Centre & Pudhuvai Museum are jointly organizing festival of 'Arul Thottram' (Parabhava-meaning Evolution of Grace) Tamil New Year.

We warmly invite you with your kith and kin to participate in our lively events.



Programmes:

- **Tamil Literary Exhibition (Antiquity to Modern times)**
 - 10am—5pm
- **Literary Corner—Tamil: Yesterday, Today, Tomorrow**
You all welcome to participate with Tamil Scholars, Poets and Writers
 - 3:30—5:30pm

We cordially invite you all to the venue to cherish the richness of Tamil Life.

Contact: 0413 2623773, ilaignarkal@auroville.org.in

R. Meenakshi for IEC

TRANSITION SCHOOL OPEN HOUSE

Friday, 17 April, 10:30am—12pm

You are all warmly invited to our Whole School Open House. Please join us on Friday, 17 April 10:30am to 12pm.

During the event, you will have the opportunity to meet the children and see some of the work they have been doing throughout the year. The Arts and Crafts Center and all of the classrooms will be open to everyone.

We also invite you to see our murals displayed across some of our buildings. This year, our school value was Gratitude, and the 8th grade students created these murals as a reflection of that theme. This was done in collaboration with the Arts and Crafts team.

We all look forward to seeing you there!

The Students and Teachers of Transition School

Clare and Yasmin for Transition School

TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact
 - ashree@auroville.org.in
 - 8270512606 WA only.

Ashwini

LILALOKA

"A place where play transforms, where joy opens the path."—Sri Aurobindo

Lilaloka is a recreational and resource center for children, dedicated to personal development through play and creativity. It offers both individual and group experiences in a non-competitive, non-judgmental atmosphere, fostering connection between schools, families, and children for their overall well-being.

"Each individual is a special manifestation in the universe; therefore, his true path has to be absolutely unique."

Lilaloka welcomes all children—Aurovilians, guests, home-schoolers, and those with behavioural, relational, or learning challenges. Activities include cooperative games, arts and crafts, nature exploration, storytelling, drama, and more.



Activities 2026

Lilaloka offers both **individual** and **group** sessions, guided by a team of facilitators specialized in various fields of child development.

Nesters

- **Once a week, age: 0—12 months, parents and babies together.**

A nurturing space supporting early bonding and holistic growth—focusing on trust, emotional well-being, and sensory connection between parent and child.

- **Two times per week (or as per group needs), age: 1—2 years old, with parents**

Sessions that support healthy attachment and conscious parenting, helping parents respond with empathy, presence, and understanding.

Infants' Community

- **Daily mornings, age: 1½–3 years**

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.

Free-Flow Mornings

- **Three times per week, open mornings to all children aged 5+**

Child-led learning through art, nature play, storytelling, science, and hands-on projects—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Afternoon Activities

- **Twice per week, age: 3–6 years**

A holistic space fostering intellectual, emotional, physical, and spiritual growth through play and creative exploration.

- **Once per week, children 6–11 Years**

Focused on developing fine motor skills, creativity, and concentration through arts and crafts.

Occupational Therapy and Individual sessions

- **By appointment**

For both schooled and non-schooled children, in collaboration with parents and educators.

Research and Training

Lilaloka shares its experience through workshops and training programs for students, educators, and researchers—both from Auroville and around the world—with a special invitation to Indian education researchers.

For more information:

- lilaloka@auroville.org.in, 9655519546 WA

Ana, Ritam and Leela

LEARNING SPACE OPENS DOORS FOR KIDS

of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAIER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.



A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15—8:45am
- Pick up time 3:30—4:40pm (by the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways.

- For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey

CORPORATE SUSTAINABILITY & UI/UX DESIGN

@ Yuvabe Education's Bridge Program

3-Month Courses

We're excited to announce two new opportunities for young adults in the Auroville Bioregion! Yuvabe Education's Bridge Program is launching two completely free 3-Month



Courses, starting September 2026:

- **Corporate Sustainability**—Gain in-depth knowledge in climate action, ESG, circular economy, and corporate responsibility. Work on hands-on projects and learn from sustainability experts.
- **UI/UX Design**—Learn design principles, wireframing, and prototyping. Build practical skills through projects and create a portfolio to showcase your abilities.

Both programs are completely free for students and designed to prepare participants for meaningful careers. Top performers may also be eligible for internships with Yuvabe.

- [Apply now](#)

Course details:

- Course fee: Free
- Course launch: September 2026, duration 3 months
- Venue: In-person at Saracon, near Svaram, Auroville

For more details:

Flyer: [Flyer link](#)

Visit Website: <https://www.yuvabe.com/bridge-program>

Contact Us: 9677604467, bridge@yuvabe.com

We look forward to connecting with you!

Follow us on social media:

Instagram: <https://www.instagram.com/yuvabe.auroville/>

Facebook: <https://www.facebook.com/yuvabe.auroville>

Linkedin: <https://www.linkedin.com/company/yuvabe/>

Youtube: <https://www.youtube.com/@yuvabe.auroville/>

Abilash

SUMMER WORKSHOPS @ AIAT

Make Your Summer Awesome with AIAT Workshops!

Hey Students of Grades 10,11,12

Starts 18 April to June

Why spend your holidays bored when you can learn, build, and have fun?

Join the AIAT Summer Workshop Series 2026 and explore exciting topics like:

- AI & ChatGPT
- Silambam (Martial Arts)
- Coding & Python
- Drones & Robotics
- Solar
- 3D Printing
- GenAI & much more!



Hands-on sessions; Beginner-friendly; Learn by doing

Suitable for students of Grade 10, 11 & 12

- @ AIAT Campus (Irumbai & Palmyra), [Location](#)

- Limited seats only—don't miss out!

For more details and registration:

<https://linktr.ee/aiat.events>

- For details: +91 9994216702

Bring your friends and make this summer fun + useful!

Amarnath



Are you looking to transform your future and career with AI?

Come Join our Free AI Masterclass at Hive Coworking Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

- [Location](#)
- +91 9886740850, auromodehive@auroville.org.in

Dhesh

KUILAI CREATIVE CENTRE REGULAR ACTIVITIES

(A unit of SAIER)

- Tuition from 1st to 9th grade
- Silambam—Martial Art Programme
- Bharat Naattiyam—Classical Dance Activities
- Hip-Hop
- Physical Fitness Activities
- Summer Camp in May
- Art & Craft
- Children's Play Park with Swings, Calisthenics set, and a Slide.
- Make and Take on Mother's 12 Quality Programme (Art & Craft, Book Making, Embroidery, Gardening, Painting, Calendar Making and Tailoring Activities).



Please contact us to inquire about the class timings.

- kulaicreativecentre@auroville.org.in
- +91 8608473385 WA

Selva from KCC

SATORI: EDUCATIONAL SERVICES

- Physics and Chemistry CBSE grades 11—12;
 - Edexcel IGCSE and International Advanced Levels (grades 9—12).
 - Mathematics 7—8 grades as preparation to high school science.
 - Exam preparation through knowledge and understanding.
- Sergei,
9442934078,
satori.auroville@gmail.com

Health Care

MORNING STAR

Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House. You are welcome to drop in anytime during these hours to learn more about Morning Star's work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.

- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted in both English and Tamil

- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Savithri

- +918940571774 WA
- or morningstar@auroville.org.in

Savithri & Paula,
+91 9130084284

AURO VISION: VISIT OF EYE DOCTOR

17 April, 10am—1pm

We are pleased to inform you that an Eye Doctor will be visiting the Auro Vision Centre at Auroville Health Centre.

The following services will be available:

- Glaucoma screening
- Cataract evaluation
- Dry eye treatment
- Diabetic retinopathy screening
- Phacoemulsification (cataract surgery consultation)
- Intraocular pressure (IOP) checkup

Kindly make use of this opportunity for a comprehensive eye check-up.

Peter
for Auro Vision Team



AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion. **Available services:**

- Primary & emergency eye care,
- Spectacles & contact lenses,
- Eye Yoga & Vision Therapy,
- Workplace & community outreach eye camps,
- Support for visits to Aravind Eye Hospital

New services:

- Retina imaging,
- Intraocular pressure (glaucoma) monitoring,
- Red Light Therapy for eyes,
- Dry Eye Therapy

Timings: 9am—5:30pm,

Contact: 9488005685

Aurosugan for Aurokiya



SANTÉ SERVICES, APRIL



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- **No** sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Ezhil & Archana, Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric—Monday to Friday	Soundbed Session with Sandhya/ Thilagam: Not available
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminSanté@auroville.org.in	Home Care Contact Santé for timings: Physiotherapy w/ Arun Doctor Consultation w/ Dr. Sana

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha
for Santé Services

MAATRAM

Maatram offers OCH Open Consultation Hour

- Monday—Friday, 9:30—10am

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
- @ Maatram, 1st floor, Arka



In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
 - and addictive behaviours related to use of: smart phones, social media, video games, eating, porn and gambling.
- Megha, Raam & Palani

AURODENT CLINIC @ AUROMODE

We are pleased to inform you that Dr Aravind Anto (MDS—Oral and Maxillofacial Surgeon) will now be available at Aurodent Clinic. He will be providing specialised treatments, including: Dental implant placement; Wisdom tooth extractions; Other complex extractions

Appointments can be booked directly at Aurodent Clinic.

For appointment

- +91 9629199328 WA,
- 0413 2622063 landline
- aurodent@auroville.org.in



Working Hours

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode

Jayasutha

Youth

PARK OF HARLEQUIN

Between Citadines and Sunship
Operating every day, 3:30—5:30pm

As the hot season is starting, please note that the water jet in the Park of Harlequin (between Citadines and Sunship) is now operating every day from 3:30 to 5:30pm.

Adults accompanying children can also enjoy the water jet. However, children should always be accompanied by an adult.



Louis

YUVA SANGHA

After a long period of Yuva Sangha (formerly Kailash) standing empty, and much discussion between YouthLink and Housing on how to move forward, we are finally ready to bring the space back to the community.

This announcement has two purposes.

- First, if you are a young person between 18 and 26 years old, whether a newcomer or an Aurovilian and are in need of a place to stay, we warmly invite you to reach out to YouthLink.** We will guide you through the process of joining the community.
- Second, to make this revival possible, we need the support of the wider community.** At the moment, the building does not have a washing machine. We are looking for someone who could donate one, or lend one for a few months until we are able to purchase our own.

If you have a washing machine, or know someone who might be able to help, we would deeply appreciate your support in helping us support the youth of Auroville.

Madhu for YouthLink team & Yuva Sangha

EVENING OF CELEBRATION

of Tamil New Year

Tuesday, 14 April, 4—7pm @ Yuva Sangha (Kailash)

Join us for an evening of celebration for the Tamil New year! A time for the community to get together and celebrate the beautiful culture Auroville has been established in!

We will have some traditional local snacks made by our own team, performances, music, games and more!

Madhu for the YouthLink Team



International

BHARAT NIVAS, PAVILION OF INDIA

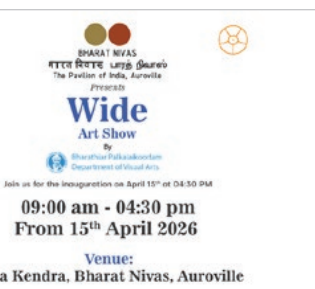
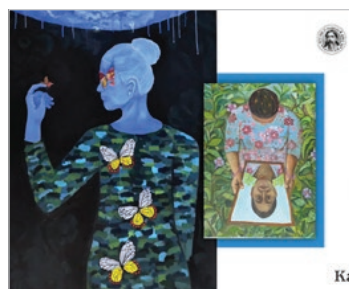
Kalaripayattu performance



Echoes of the Valley



Wide: Art Show



Monisha

FRENCH PAVILION PRESENTS

Board games, Wednesdays, 4—5:30pm

- @ Pavillon de France, opposite the Visitor Center

French Pavilion welcomes you every Wednesday, 4—5:30pm for Boardgames. Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Submitted by Vivekan & Marie

UNITY PAVILION PRESENTS

April Events

Day-Time	Venue	Event Details
15 February to 30 April, 9—5pm	Unity hall, Peace hall	Exhibition—The Golden Light: A Collective Artistic Tribute to the Sunlit Path for the Mother's and Auroville's Birthdays. Featuring artworks of: Dilip Patel, Marie-Claire Barsotti, Mayaura, Ok Upcycling, Pierre Legrand, Soham, Sonia Yeo, Uttama Dhandhanian, Tim Wrey, Vivechana
Wednesday 5:30pm	Unity Hall	Sound Bath by Svaram—Experience the gentle power of sound as it flows through you, bringing balance, deep relaxation, and inner harmony.
Thursday 5pm	Hall Of Peace	Silent Meditation by Pierre—Tune into your psychic self and experience deep inner peace and calm for awakening within.
Friday 6pm	Unity Hall	The Flow: Chakra Meditation by Sergei & Preeti—Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance.
Saturday 10am	Garden	Kids Art Class by artist Janakiraman—A playful exploration of water colour techniques for children.
13—14 April, 10am—12pm, 4—7pm	Unity Hall	Integral Health & Healing Workshop: Awakening the Conscious Body & Soul—Mother's 12 qualities with color meditation, Yoga of the cells—Cellular awakening, inner healing, chakra balancing and energy work

By Appointment

Date	Venue	Event Details
Daily	Hall of Peace	Tao of Tea —Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul. +91 9385428400 WA
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Daily	Oneness Hall	One to one sessions on the Science of Chakra, Integral Yoga, Chakra Balancing and guided Meditation . One to one/ group Life Coaching & Counseling with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential using an integrated, practical approach & powerful tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development. 9699930672 WA

• 0413 2623576, 9699930672,
unitypavilion@auroville.org.in

The Flow: Chakra Meditation

Connect with the Source and enter the Flow

• Fridays, 6—7pm @ Unity Pavilion



Through ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body. As the energy flows, it releases emotional blockages, eases stress, and restores balance—leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration!

Presented by The Unity Pavilion Research Team:

- **Sergei**—Electronic Musician, Specialist in Social & Musical psychology
- **Preeti**—Author, Life coach, and Researcher with 25+ years in Integral Yoga & Human Development

Sencha Style Tea Ceremony



The Universe in a Cup of Tea

We invite you on a spiritual journey, accompanied by the tea of your choice. (Organic teas only, tea blends with herbs/flowers/spices also available). During this rare, transformative experience, you will explore & experience the healing aspects of the tea. The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- Through appointments only, +91 9385428400 WA

Healing, clarity and conscious transformation

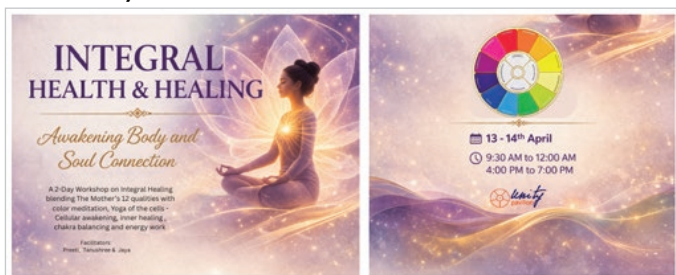


One to one/ group Life Coaching & Counseling with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential. Using an integrated, practical approach & powerful tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development.

- **By Appointment:** 9699930672 WA

Integral Health & Healing Workshop—Awakening the Conscious Body & Soul

- 13 & 14 April, 10am—12pm, 4—7pm
@ Unity Pavilion



A deeply immersive 2-day journey into Integral Healing blending The Mother's 12 qualities with color meditation, Yoga of the cells—Cellular awakening, inner balance, chakra balancing and energy work integral healing. Participants will experience emotional balance, mental clarity, and cellular rejuvenation.

The Mother's Symbol, Matrimandir and 12 Qualities

- Every Tuesday, 5pm



A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation with Jaya.

- By appointment, 0413 2623576

Preeti for Unity Pavilion

BROTHERHOOD HOUSE

International Day of Cosmonautics

- 12 April, 5pm
@ French Pavilion

Brotherhood House of International Zone is gathering a real cosmic crew—astronauts, time travelers, aliens, and anyone ready to drift a little beyond everyday reality.

- Fun games for all family
- Cosmic dances
- Music & movie from another planet
- Collective meditation for peace
- Warm, lively atmosphere

Come in costumes — let's create the feeling of a true space adventure together.



Submitted by Elena for Brotherhood House

PAVILION OF TIBETAN CULTURE PRESENTS

Pavilion of Tibetan Culture: The Library

- Monday and Tuesday,
9:30am—12:30pm

Kalsang for Tibetan Pavilion



Theatre, Music & Arts

MANNIN MANDHIRAM:

Magic of the earth

Exhibition by Kripa. Photo documentary of terracotta votive forms making in Auroville

- 3—25 April @ Pitanga

Gallery timings:

- Monday to Saturday,
8:30am—12pm &
2:30—5:00pm.

Anandamayi



JULIUS CAESAR: A STORY FROM TODAY

10, 11, 12 April, 7pm & CRIPA

Another year, another Shakespeare play. I can't go too long without my "Shakespeare fix". It gives me a high like no other playwright I can name. And when world politics began to shake and chaos was on the horizon, I knew that we must show our audience what happens when foolish men do foolish things. Well, that was it initially. But then, after reading the play multiple times, I began to see a message I hadn't anticipated. I guess Shakespeare, to cover his "ass" so that he wouldn't be in danger by calling a ruler a tyrant/ would-be king/ egomaniac (watch out for backlash from the Queen, Will) wrote instead about the two men, Brutus and Cassius, who started the Conspiracy to take down JC and what happened after they had accomplished their short term goal of ridding the world of a tyrant/ would-be king/ egomaniac ... **they didn't have a follow up plan** ...like what happens after we assassinate Julius Caesar? Any ideas? No ideas? You mean, you just take him out and then hope the people support you hmmm...does this sound familiar??

Instead, what happens in Shakespeare's story is ... Civil War happens. Brutus/ Cassius et.al. vs. Octavius Caesar/ Mark Antony/ Lepidus. And the conspiracy struggles and finally, on the battlefield, is overwhelmed and destroys itself. **The end.**

So, the moral of that story is, don't start something, like overthrowing a tyrant, unless you have spent time thinking about the consequences...what happens next, or, at least, have a plan. Maybe more than one plan. Just in case.

So far, the most challenging scene to direct is the actual assassination scene. I'm still not satisfied that we understand what is happening there. But...no spoilers.... we're still in process.

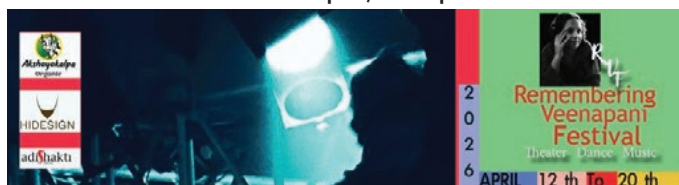
This is my 9th Shakespeare play, so I have no trouble cutting. Usually, cutting means getting rid of what doesn't serve the forward movement of the story, without, of course, destroying the intention of the playwright. But I know I can do it. So I do. And adapting, well, there is that connection to today's headlines! So maybe it's not **only** Rome we're talking about. Maybe.



The story is so accessible. So human. The two married couples: Caesar/ Calphurnia and Brutus/ Portia. The two wives worried sick about their husband's actions. The two friends: Brutus and Cassius. Like a modern day bromance. A story full of recognizable people, and as usual, intensely engaged in a significant moment of decision whose consequences are far reaching and ultimately, tragic. *Jill*

REMEMBERING VEENAPANI FESTIVAL

Theatre, Dance, Music
12—20 April, 7:30pm



Entry free. Seating first come first served

Food stall and popsicle available

All show are in Adishakti campus,
Sir Ratan Tata Koothukovil, Edayanchavady Road, Auroville

adiShakti
LABORATORY FOR THEATRE ART RESEARCH

12 April, 7pm	Festival Inauguration
12 April	Mone Rekho, Soumik Datta, Music
13 April	R-Evolution Sage fro the Ages [Album Launch] Music
14 April	Rubber Girl, Preethi Athreya, Dance
15 April	Bob Marley from Kodihalli, Jangama Collective, Theatre
16 April	The Queen, Daniel Owen Dsouza, Theatre
17 April	A Woman Or Not To Be, Adishakti, Theatre
18 April	Something Like Truth, Parna Pethe, Theatre
19 April	Shudraka's Mrcchakatikam, G Venu/Natakairali, Theatre
20 April	Vasu Dixit Collective Electronic Folk, Music

Paridhi Bihani Dugar
for Adishakti Laboratory for Theatre Art Research

Theatre, Music & Art Activities

AUROHAMSADHWANI ARTS CENTER

Saturday, 18 April, 3pm

We are pleased to inform the Community that Auroham-sadhwani Arts Center will be starting **music classes** on Saturday, 18 April 3pm. The classes will take place under the Bharath Niwas (Auditorium Room).

Many have been looking forward to this opportunity, and we warmly invite all interested individuals to join and participate.

Aurohamsadhwani Arts Center Team:
A. Gunasundari, K. Palani, V. Selvi,
P. Samy, H. Suriyagandhi

CENTRE D'ART: OPEN CALL FOR ACTIVITIES

Centre d'Art would like to open its gallery to new Activities for the 2026/ 27 Season. It could be a participatory project, a workshop, a lecture, a performance...

We are looking for events that share the joy of creation, spark curiosity, ignite creativity, connect people, for adults and children alike.

If you are interested please **send your submission before 30 April 2026** to centredart@auroville.org.in and write "Activity submission" as the subject of the email.

The email should contain:

- Contact details
- A short biography of the artist / facilitator
- The title of Participatory / Workshop project and its explanatory text
- Images of some work in jpg or pdf (max 20 images) in low definition

Marco

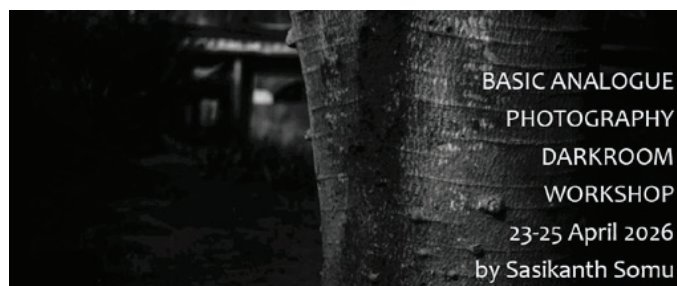


BASIC ANALOGUE PHOTOGRAPHY

Darkroom Workshop

by Sasikanth Somu

23, 24, 25 April @ Centre d'Art Gallery, Citadines



Program & Timings

- **Thursday, 23 April, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 24 April, 9am—2pm:** Film photo shoot (in your own time), 2pm—5pm: Develop your roll of film.
- **Saturday, 25 April, 9am—12:30pm & 2—5pm** (one can choose either of these sessions): Printing Contact Sheets & Photos in the darkroom.

Registration Contact

- centredart@auroville.org.in

Participants are required to be present for all three days.

The workshop fee for Guests: Rs.3000 incl. GST. The workshop is free for Aurovilians, Newcomers and Registered Volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with ATR Auroville. If a non-paying participant is unable to attend all three days of the workshop, he can finish the remaining days the next year only.

All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.

Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher.

- Sasi sasi@auroville.org.in, +91 91593 55809 WA.

The number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey, Centre d'Art

LOOKING FOR ACTORS/ THEATRE ENTHUSIASTS

For an upcoming play based on Pushkin's short plays (Covetous Knight, Stone Guest). Age group 25+ both male and female, performance early May.

- **Contact:** +91 9597491652 WA *Rupam Mishra*

ACTIVITIES BY MINT

Bojagi Wrapping Art Workshop

- **Tuesdays, 10:30am—12pm**

Bojagi is the Korean art of wrapping with care, balance, and quiet beauty.

- No prior experience needed.
- All materials provided
- Limited seats



Still stroke

- **Thursdays, 10:30am—12pm**

When the mind becomes still, the stroke appears. Still Stroke, One Breath, One Line. Slow calligraphy workshop.



- Limited seats

9489904112 WA, Mint

IMPROVISATION, VOICE, MOVEMENT, SPEECH,

Self-Inquiry & Self-Expression

3 month training in CRIPA of 2 classes a week:

Mondays, 2—4pm & Wednesdays, 2—5pm

Starting 13 April

The approach of the training will be psychological and subjective in nature inviting the participants to discover their unique expression and personhood.

First and foremost an interest in inquiry and self-discovery is expected. An openness for exploring Mother and Sri Aurobindo's texts.

The direction of the training will take shape in accordance with the participants' progress, the individual's creative process will be the guiding principle.

The spirit of the training will invite a spirit of discovery, an openness to fail, a curiosity for the unexpected.

Collaboration where we will explore working together as a collective, refining not only our own nature but exploring how to devise and co-create.

From this training the participants can expect to improve their confidence, a more dynamic expression, performance skills, more flexibility emotionally and psychologically.

A lot of time self-inquiry and self-observation, journaling and reflections.

There will be the optional possibility of working towards a performance towards the end of the 3 months.

- Fundamentals of public speaking: voice, body language, breath. Authenticity and natural expression in voice and movement.
- Monologue recitals—(material to be discussed).
- Refining listening skills (to self, others, space) & body-felt intuition. Art of improvisation (spontaneity, creativity, and collaboration).
- Devising improvised scenes (who, what, where) & (context, conflict/situation, escalation, resolution).
- Most importantly lots of self-inquiry.

We will be taking a batch of a maximum of 16 participants.

- **Facilitator:** Misha (Mike), misha@auroville.org.in

- [Further info and registry here](#)

- A further continuation of 3 months will be discussed.

Misha (Mike)

CREEVA: ART ACTIVITIES

Center for Research Education Experience in Visual Art

Watercolour painting workshop

- Every Wednesday, 2—4pm

Life drawing session

- Every Saturday, 10am—12pm

T-shirt Painting, Bottle Painting Workshop

Paper Pulp Doll Art Workshop

- Every Sunday, 3—4:30pm

Rediscover the joy of creativity and childhood play, through eco friendly paper pulp. By Giribala Tripathy: From Odisha, based in Pondicherry, Sri Aurobindo Ashram artist with over two decades of creative and sustainable art practice.

Live portrait sketch

For personalised live portrait sketch book a session with Sathya.



Open studio

Your welcome to open studio to explore your art except workshops timings. Materials will be provided.

For info contact Sathya: +91 9486145072

- sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity

SVARAM ACTIVITIES

Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

By Appointment Only

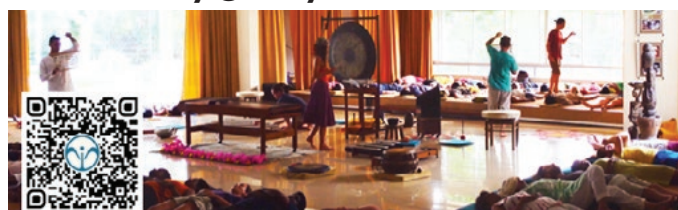
- Available Sessions: Solo, Duo or Group

- For details and booking:

Scan the QR Code or

<https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- Every Wednesday, 5:30—6:30pm

- For details and booking:

Scan the QR Code or

<https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- Monday—Saturday, 10:30am—4:30pm,

- Sunday, 10:30am—12:30pm

- For details and booking:

Scan the QR Code or

<https://svaram.org/sound-garden-art-installations/>

*Aurelio
for the SVARAM Team*

THE AUROVILLE HARMONIES

Recruits



After the recent success of its performances 21, 22 and 26 February, the women's choir *Auroville Harmonies* continues its exploration of worldwide songs.

If you are interested, please contact Antoine for an audition: antoine@auroville.org.in

Antoine

Dance Activities

SALSA NIGHT @ BELLA VITA



Saturday, 11 April, 7pm

Turn up the heat with salsa beats and vibrant moves.

Martina for Bella Vita team

DANCE, MOVEMENT AND BALLET FOR CHILDREN



@ New Creation Dance Studio!

We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Tweens' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764

Fleur

DANCE CLASSES BY MANI

Tango Dance Evenings

- **Tuesdays & Thursdays 7pm @ CRIPA (Small Room)**

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers: Free/ Donation-based
- Guests & Others: Contribution welcome

Let's share the magic of Tango, connect through music, and grow together in movement and harmony.

Salsa Dance Classes

- **Monday & Friday—7pm @ CRIPA (Small Room)**

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers: Donation-based
- Guests & Others: Contribution welcome

Let's share the joy of dance, connect with positive energy, and keep improving.

8637633696, Mani



AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 8pm: Introduction to Tango
- Wednesday, 7:30pm: Practica
- Friday, 6:30pm: OpenSource
- Saturday: Bi-monthly Milongas

No partner required. Bring socks or dance shoes. And plenty of joy!

+91 9821166082, tango@auroville.org.in, Aurevan



CLASSES IN BHARAT NIVAS

Bharatnatyam Dance Classes

- Saturday, 10am—12pm,
Sunday, 3—5pm,
@ SAWCHU

Caveri Suresh, a Bharatnatyam Dance teacher for 27 years, is offering this class to Beginners, Intermediate and Advanced students.



Caveri Suresh, Diya Dance Studio

Music and Dance Classes

- Saturday, 3—4pm @ Bharat Nivas

This is to inform you that Aurohamsadhwani Arts Center is organizing music and dance classes at the Bharat Nivas premises. The following classes are offered:

- Bharatanatyam, Veena, Keyboard, Vocal Music

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

A. Gunasundari for Aurohamsadhwani Arts Team

Sports & Martial Arts

MORNING SWIMMING CLASSES FOR CHILDREN

Tuesdays & Thursdays,
6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!

- To enquire: +91 8940288090 WA

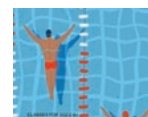
Sonia and Ana



SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old).

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class



All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique. Limited spaces available to ensure quality and care for every participant. @ Auroville, flexible timings available

8637633696, Mani

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 700 students of all genders, ages, and experience levels. We've hosted expert coaches and black belts of many martial art styles, and introduced our students to a vast range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the Shou Dao School—a martial arts academy acknowledged by the Olympic Committee.

Regular Adult Classes, 5:30pm:

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Striking/Self Defence with Coach Tanguy and Coach Giacomo

Please note: Contribution required

- Be punctual; Short nails, wear, and no jewelry; Stay home if you're unwell or have open wounds
- **For updates and participation:**
+91 94873 40778
- For more info contact us: abhaya@auroville.com
<https://abhayauroville.wordpress.com/>
<https://www.instagram.com/abhayauroville/>



Giacomo for Abhaya

BUDOKAN: CLASS HOURS AND ACTIVITIES

Aikido: Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



For Adults & Teenagers

- Monday to Friday, 6—7:30am
- Tuesday, Thursday & Friday, 4:50—6pm
- Saturday
 - Advanced 6—8am
 - Weapon class 8—9am

For Kids & Teenagers

- Monday to Friday, 3:50—4:50pm
- Saturday, 10—11am

Aikitaïso:

Aikitaïso it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- Monday to Friday: 8—9am
- Saturday: 9—10am

For Aikido & Aikitaïso:

8300643963 WA, Philippe,
9952812843 WA, Murugan,
+ 33622053932 WA Michaël

Yoga:

- Monday, 9:30—10:30am & 5—6pm
- Wednesday to Friday, 9:30—10:30am

Shiatsu:

- Saturday & Wednesday (on appointment)
Michaël for Auroville Budokan,
Dehashakti

MARTIAL ARTS IN BHARAT NIVAS

Kalaripayattu Regular Class Updated Timings

Bharat Kalari
Offers
Kalaripayattu
Regular Class

Venue: Bharat Kalari
(near Sri Aurobindo Auditorium),
Bharat Nivas, Auroville

Monday - Friday
Morning: 07:00 am - 08:30 am
Evening: 04:30pm - 05:30 pm

Enquiry Contact: 0413 262253 / 78455 54014
bharatnivas@auroville.org.in

Monday to Friday:

- **Morning Regular Class:** 7—8am, fee: Rs.3000
 - **Evening Regular Class:** 4:30—5:30pm, fee: Rs.3000
 - Morning & Evening (Regular Classes): fee: Rs.5000
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium

Regular Silambam Class

- Wednesday & Saturday, 5—6pm @ SAWCHU

From 20 August 2025

Regular Silambam Class
with
Hari Haran

05:00 pm - 06:00 pm
Every Wednesday & Saturday
Venue: SAWCHU,
Bharat Nivas, Auroville

To join, Contact: Hari Haran at +91 63743 71865
Parking available outside at the Main Gate

Grappling and Rudiments of Martial Arts for kids

- Tuesday & Thursday, 4—5pm @ Harmony Hall

BHARAT NIVAS
भारत निवास : अणुद शान्ति
The Pavilion of India, Auroville
Presents
**GRAPPLING & RUDIMENTS OF
MARTIAL ARTS FOR KIDS**

Every Tuesday & Thursday
04:00 pm - 05:00 pm
Venue: Harmony Hall,
Bharat Nivas, Auroville

CONTACT TODAY!

Monisha

AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in Dehashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji:
8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber
638563 5943



Submitted by Beber

KSHETRA KALARI @ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

Bioregion, Crafts & Nature Activities

ACTIVITIES AT AUROORCHARD

Weekly Farm Walk

AuroOrchard is Auroville's oldest farm, founded in 1968-69 under the guidance of the Mother with the vision of "growing food for Auroville." Spread over 25 acres of red earth on the eastern coast of Tamil Nadu, AuroOrchard has been a cornerstone of Auroville's food system for more than five decades. Today, we produce over 50% of the fruits and vegetables and 90% of the eggs from Auroville farms.

We grow a diversity of crops—mangoes, papayas, bananas, guavas, citrus, roots and tubers, leafy greens, vegetables, and herbs—alongside a small poultry that provides eggs. Each year, these fields and orchards yield several tonnes of fresh food, much of it flowing directly to Auroville's kitchens and residents. These numbers are never the measure of the work, but rather quiet signs of the farm's steady rhythm of care and abundance.

Join us for a stroll through these orchards and vegetable gardens and learn about the agroecological techniques that we practice at the farm.

- Every Wednesday, 10am—12pm.
- Registration required, [sign up here](#).



CSA baskets

Auro Orchard's Basket System is a community-supported program that allows customers to select fresh, seasonal produce such as fruits, vegetables, greens, herbs, eggs, nuts, and Abundance; farm-processed products like pesto, syrups, and nut spreads from a weekly updated harvest list. Members place their orders based on seasonal availability and collect their chosen items directly from the farm or from the pick up points inside Auroville.

- Please [sign up for the baskets here](#) to get added to the list.



Volunteering

Spread over 25 acres, AuroOrchard is Auroville's oldest farm producing a diversity of fruits and vegetables and eggs that are supplied directly to Auroville's kitchens and residents.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people.

We offer a welcoming environment for learners, researchers, and seekers who wish to help us and learn more about the land, food, culture, and themselves.

- Monday to Saturday,
7—9am and/ or 9:30am—12pm.
 - We offer breakfast made with farm produce!
- Link to [sign up for volunteering](#) here.



Anshul

AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org

Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.



Bamboo tour with bamboo tea

- Monday—Saturday
8:30am—12:30pm, 1:30—5pm

Special bamboo lunch @ Auroville Bamboo Centre

- Every Saturday, 12—2:30pm
- Pre-book in advance

Enjoy the Special Bamboo Lunch.

Make and take workshops

- Monday—Saturday, 10am—4:30pm
- Pre-book in advance



Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops:

- Pre-book in advance,
- Monday—Saturday, 9am—5pm



Geodesic Dome Workshop

- 10 & 11 April, 9am—5pm

The bamboo Geodesic Dome workshop is perfect for anyone who wants to gain skills on sustainable lifestyle and hands on experience working with bamboo, while also exploring various aspects of sustainable living.



Yurt workshop

- 24 & 25 April, 9am—5pm

The Yurt's frame is made and pre-assembled on the ground and parametrically designed. The structure's partition is given a slight inclination, creating a beautiful shape.



Musical Instrument special Workshop

- 18 April, 9am—5pm, one-day workshop

Explore the soothing sounds of handcrafted bamboo instruments and learn how each one creates its unique tone. Experience a hands-on session blending creativity, nature, and music in a calming, fun environment.



Pre-booking is necessary for registration:

- bamboocentre@auroville.org.in
- +91 8300949081



- **Tuesday, 14 April, 10:30am—12:30pm @ Mohanam**
 - Tamil New Year Opening Ceremony
 - Kani Kaanuthal (Auspicious First Sight) Reading of the Tamil Almanac (Panchangam)
 - Special Cultural Performances by: AV children and Bioregion
 - Exhibition and Sale of Handicrafts by Artisans
 - Lunch offered: a special fermented Tamil Nadu ragi porridge called Koozh, a traditional nutrient-dense probiotic.

We warmly invite all Auroville residents, well-wishers, trends, and families to join and celebrate this festival.

Bala Sundaram



ENLIGHT
Light of Auroville

Contact: Arun / Balaji
+91 88381 72521 / enlight@auroville.org.in



Explore Auroville



Bioregion Tour



Art & Craft Workshops



Fireside Drumming

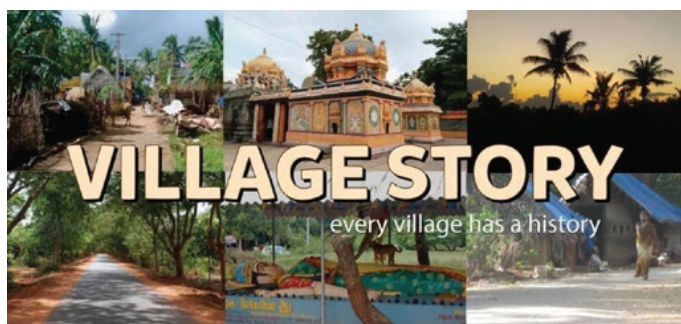


Cycle Tour



Cooking Class

Arun, Anand and Balaji for Enlight Team



Skill-cation: Experiential Learning

Egai EveryVillage is an in-Auroville community 2 to 3-day educative experience teaching real, usable skills, initiative focused on skill-cation in arts and crafts **customized to the learners' needs**—an experience, a form of self-investment both skilling and vacation. Exploration today is not just about sightseeing and relaxation; it's trips and tours to acquire or enhance a skill—whether it's cooking local cuisine, pottery, photography, yoga training, scuba diving, language learning, farming, eco-conservation.

Skillcation is a shift in the traditional perception of travel. For learning travellers, these small breaks and learning pursuits are a way to recharge, improve focus, and build transferable skills such as problem-solving, creativity, adaptability, and resilience. It involves smaller groups, focused stays, and involvement with Auroville and local village communities.

Anand, 9791896488, egai@auroville.org.in

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.



- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm: It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

- **3 days Intensive Permaculture Weekend Workshop**
 - View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

- **Mini Permaculture Workshop**

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service: A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude: Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing lifestyle conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots. Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

*Krishna
for Solitude Farm & Café*

MOHANAM PROGRAM

www.mohanam.org



Mohanam: 2 mins from Vêrité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.

For more information and registration:

Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

- **Office timing:** 9am—4pm, Monday to Saturday

Make and Take Workshops

- Monday to Saturday, 10am—12:30pm or 2—5pm



Bamboo Candle | Pottery | Coconut Shell Craft | Dream Catcher | Incense Making | Kolam Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

- Monday to Saturday, 10:30am—1pm



Village Tour | Wood Fossil Visit | Munnur-Perumukkal | Kaluveli Tank Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

- Monday to Saturday, 10:30am—1pm

This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's northwest zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Deep Sound bath 5 Element

- 14, 21 & 28 April, every Tuesday, 5—6:30pm
By Satyaguga, connect to your inner self through vibrations & divine chants.



Drum circle

- 15, 22 & 29 April, every Wednesday, 5—6:30pm
A sacred group practice where people gather in a circle to connect through rhythm, sound and presence, creating healing, awareness and inner balance.



Thiruvannamalai Spiritual Services:

Eco & Spiritual services: Thiruvannamalai—Mohanam services

- Arunachala—Auroville; Tour, retreat space; Camping, Temple visit; Ashram, Girivalam Full Moon experience

For booking and more information

- +91 8300949079
- mohanamprogram@auroville.org.in

Rajaveni

ACTIVITIES BY INSIDE INDIA

Inside India Office, Kalpana Community

Saree Draping Workshop, Every Tuesday

- 17 February, 10am onwards

Explore the Timeless Beauty of Six Yards! Uncover the timeless beauty of the saree through an interactive, hands-on draping experience.

Learn classic and contemporary drapes, understand fabrics, pleats, and styling while reconnecting with a garment that carries stories, heritage, and celebration.

- No prior experience needed (beginner-friendly)
- Open to all bodies, gender & ages
- Sarees provided and available for purchase/ Bring your own
- Join us and wear tradition with confidence.
- @ Inside India Office, Kalpana Community
- Register now: +91 85249 53838



Kolam Mandala Workshop, Every Friday

Join us for our Tamil Kolam Workshop. Kolam is a special Tamil Mandala art that creates intricate patterns using rice flour. Every Friday from 10am to 12pm. Open to all skill levels.

Bio-Region Tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- Tours run from 9am to 1pm, with a hearty Auroville-style lunch.
- Available only on request, with a 24-hour heads up.

Cycle Tours through Auroville

- 9am—1pm. Please book 36 hours in advance.

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

Off-Road Cycling & Half-Day Rides

- 9am—1pm
- Available on request, with a 36-hour heads up

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure.

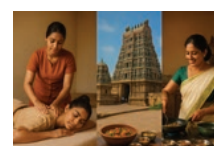
tours@insideindiaauroville.com
Shaheen for Inside India

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

- Starting point: Solar Kitchen.
- Can be scheduled anytime throughout the week.



South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone,
- rupavathijoy@gmail.com

Rupavathi

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.



Viji

- +91 9385744722, 0413 2969722

MAROMA CAMPUS TOUR!

Every second Saturday, 10:30am—12pm
@ Maroma Aspiration Campus



A guided, campus-wide experience including production visits, candle and soap making, the Maroma Gallery, and a hands-on incense workshop (with take-home gifts).

Enjoy healthy refreshments and an open Q&A session.

- Rs 500 (Adults)
- Rs 300 (Under 14)
- Aurovilian Special:**
Half-price for Aurovilians



Book: <https://maromaexperience.com/>,
9486623749 WA

Jesse

SADHANA FOREST PLANT BASED SATURDAY

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

Taxi Share

To Chennai Airport, 18 April, 11pm

I will go to the airport on 18 April, leaving AV at around 11pm and are happy to share the taxi.

Jagrata, +49 171 9355661 WA

To Chennai Airport, 16 April, 2am

To Chennai Airport International, leaving AV in the night, Thursday, 16 April, around 2am.

+91 8940567857, sigapro@web.de, Ilse

Car towards Kodaikanal, dates flexible

I plan to go to Bodhi Zendo in about 2—3 weeks, my dates are flexible, it would be great if someone wants to join and share a taxi. Or even better if you have your own car and want to share all cost of fuel, toll... I am open to make plans together! Please email if interested!

toruselma.90@gmail.com,
Marina

Office Spaces

AI CLASSES ARE BACK!

RESTARTING WITH FRESH ENERGY

FREE

Every Saturday: 10am to 11am
Location: Hive, Auromode

Registration:
RSVP to +91 98867 40850

Join us on this journey once again!

Topics:

- Prompt Engineering
- Generative AI (GenAI)
- AI Development
- Data Science

- Every Friday, 9am—7pm @ Hive, Auromode.

Step into Hive and experience a cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space.

Open House hours are for experiencing the space, 24/7 access is available beyond these hours.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA,
+91 7092197375 WA or drop by. **Dhesh for Hive**

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person or by phone to 2622293/ 2622294
or e-mail adps@auroville.org.in **Siva for ADPS Trust**

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant. Contact Mr. Pandian



- at Auromode in person, +91 9943390391 or
pandian@auroville.org.in **Pandian**

Spaces Available at Ecoteco Campus Building

There are two spaces available for use at the Ecoteco Campus Building in Reve Area:

- 118 sqm Office Space
- 67 sqm Godown Space.
- 9443960008, Diana; 9894442349, Prabhu **Diana**

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings. Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, cowork.kinisi.in



Laure

Honorary Voluntary

POUR TOUS WATER SERVICE

Pour Tous Water is looking for **part-time & full-time volunteers (min. 6 months)**, especially those interested in plumbing work. Women plumber or any one with sincere interest are encouraged to join. Training will be provided.

Work includes: Emergency plumbing support (leaks, blockages, taps, toilets, water heaters, etc.) + basic report, record documentation & WA coordination/ updates.

- PTW provides free service for Auroville Community, aligned with Prosperity Vision, "Service for All". Contact for more details 9843644308 WA, ptw@auroville.org.in.

Join and support this essential community service.

Grace for Pour Tous Water Service team

AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations: Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy. We can provide lunch and some additional bonuses to come as you will stay with the team longer.



For details: aarambham@auroville.org.in

- +91 83002 88303, WA messages

Alexey

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274 WA or
call 8122274924

Aviram

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.



The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

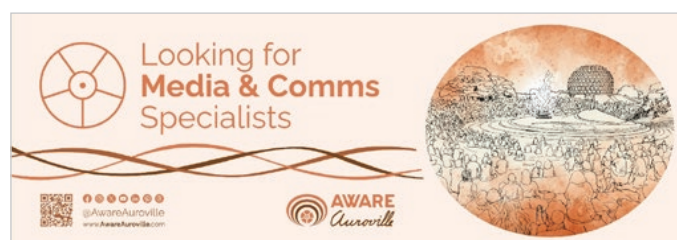
- If interested please contact Noel: earthyyoga@hotmail.com
- or stop by in the morning sometime to explore the possibilities.

Noel Parent

Work Opportunities

AWARE:

Looking for media & comms specialists



Invitation to the City the Earth Needs.

Auroville grows when aspirants gather from around the world with clarity of purpose.

AWARE seeks to build a bridge to welcome these aspirants by telling the story of this place with clarity, through beauty, and by setting up platforms for information and discussion.

Doors Are Open for Aurovilians and Newcomers to join Aware. Roles open: Filmmakers; Cinematographers; Editors; Content Creators

Contact: +91 73965 57993 WA, aware@auroville.org.in
awareauroville.com

Shift towards a culture of multilateral perspectives and an attempt to bridge the aspiration/ideal and current human condition & external organisations.

Sajiv for Aware Auroville

AURORA'S EYE FILMS: CALL FOR VIDEO EDITOR

Aurora's Eye Films, based in Auroville, is looking for a skilled and sensitive video editor to join us on an upcoming feature documentary currently in post-production.



Aurora's Eye Films

This project is a deeply human, observational documentary that requires an editor who can work with subtle storytelling, rhythm, silence, and emotional nuance. The film brings together voices, experiences, and moments that need to be held with care and clarity in the edit.

We are looking for someone who:

- Has strong experience in documentary editing
- Is comfortable working with long-form interview material
- Has a good sense of pacing, structure, and storytelling
- Is open to a collaborative and reflective process
- Resonates with the values of Auroville and seva-based work

Details:

- Project-based role (with potential for ongoing collaboration)
- Based in or able to work from Auroville preferred
- Editing to be done in close collaboration with the director

If you feel aligned and would like to contribute to this film, please share:

- Your portfolio / showreel
- A short note about your experience and interest

Contact: serena_aurora@auroville.org.in

We look forward to connecting with editors who value depth, presence, and meaningful storytelling.

Serena

LIVING ROOM CAFÉ

The Living Room Café is looking for a waiter barista.

send resume to tlr@auroville.org.in

Satyakam

AIAT:

Seeking of Assistant Professor

Auroville Institute of Applied Technology, <https://aiat.edu.in/>, is currently seeking qualified candidates for the position of Assistant Professor in the field of Computer Science.

Applicants must have Master's degree in Computer Science. Interested candidates are invited to send their CV to amarnath@aiat.edu.in.



Amarnath

Animal Care

UPDATE

on Free Rabies Vaccination Campaign

After a one-week break, we are re-summing the campaign from this Saturday with greater intensity, guided by our vision of a "Rabies-Free Auroville."

This phase of the campaign will be conducted as a door-to-door free rabies vaccination drive, covering all approachable community dogs as well as pet dogs.

We kindly request you to inform your neighbours and residents who have pet dogs, so we can reach and include everyone.

We aim to vaccinate all dogs, including those already vaccinated. There is no harm in re-vaccination, and it helps boost immunity against rabies.

We are coming to your community with a shared vision of "Rabies-Free Auroville."

Your support is essential in protecting both our dogs and our community from rabies, a fatal disease.

- **First Community:** Aspiration
- **11 April, 10am—12pm**
- **For any questions, please feel free to contact us:** 9443203092

Dr. Kumar for
Auroville Dog Shelter Team

URGENTLY SEEKING VOLUNTEERS for Dog Shelter

Aurovilians & Newcomers Welcome

We are seeking dedicated volunteers to assist in the ongoing care and management of our dog shelter.

Areas of support required:

- Medical assistance (qualified professionals or students)
- Provision of essential supplies
- General shelter maintenance and animal care

Interested individuals are encouraged to get in touch at the earliest:

- 9443203092,
aurovillegdogshelter@auroville.org.in

Dr. Kumar,
Sugar, Shanthi



AUROVILLE
DOG SHELTER

Ecology

A NEW SERVICE FROM ECO SERVICE

As we all have noticed of late there has been a growing amount of litter being dumped along the roads, pathways and in the bushes within the city, we are pleased to announce to the community a much needed extension of our regular waste pick up service.



Auroville has a dedicated service to clear the litter and waste from the areas that are hard to reach by our larger vans.

A three wheeler has been acquired for the purpose and will begin the operation in two shifts 3 days a week to start with. The service will largely concentrate on within the designated City Area only (and not along the tar road) and may gradually extend to the greenbelt.

This Service will be totally run by Citizen Volunteers (Aurovilians and Newcomers) along with an Eco Service member as it may need more than one person (and maximum two) to do the task. In Kind remuneration will be provided.

- **If you are one of the inspired ones who shares similar concerns, are interested to help keep Auroville litter free and can dedicate some time, please get in touch with us either by dropping into our office or connecting with us by email or on the number provided below.**

Wish us luck for this new endeavor and if possible join up!
Let's Keep Our City Clean Together.

Sumit for Eco Service,
ecoservice@auroville.org.in,
6379669034

UPCYCLING OPEN STUDIO



Open Studio Mornings
Every Tuesday from 9 am to 12.

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshop

Location : Recentre, Ok Upcycling Studio
Tel : 6384043908

Tuesdays, 10am—12pm @ Ok Upcycling Studio, Recentre

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshops

Come explore, learn, and get inspired!

6384043908, Veronese

REPAIR IT. SORT IT. SAVE IT.

Tuesdays, 9:30—12:30, Road to Vérité
before The Sprout Cafe turn



Every week, a small crew gathers at EcoService to give electronics and household goods a second life—and honestly, it's one of the best mornings of the week. Open to everyone.

Darren, 9600263842

Poetry

GRATITUDE

Gratitude is a stream
That knows its source
And goes on its course
All the way to the sea.

Anandi Z.

Voices & Notes

THE SOLUTION

[A sharing from 4 January 2026:](#)

This post that just popped up a few moments ago feels to me an appropriate follow-up to my sharing of 2026.1.1

titled [Truth or the Abyss](#).

A selected few

Humans...

As we awaken today to the global news of the continuing hostilities of some humans and nations against each other, of how fiery the start of this new year 2026 is, with the awareness of the intense [forewarnings](#), and hopes, associated with the coming "double-fire" Year of the Fire Horse, we are again starkly reminded of why Sri Aurobindo and the Mother insisted on "Man is a transitional being... not final.", and created Auroville this City of Dawn with the Prime Directive:

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent."

• <https://auroville.org/page/core-documents>

Sri Aurobindo and the Mother were so vivid of what was to come, which is what we are experiencing, and unequivocally prompted us to make the definitive choice:

"Wherever thou seest a great end, be sure of a great beginning. Where a monstrous and painful destruction appals thy mind, console it with the certainty of a large and great creation. God is there not only in the still small voice, but in the fire and in the whirlwind. ..."

Note: To read the full post and access the linked references, please scan the QR Code or go to this blogsite and open the post with the title 'A Selected Few':

• <https://zechjoya.blogspot.com/>

Zech



POLARISATION, NARRATIVES

And the quiet drift from purpose

It is not just an article; it is an experiment into an integral inquiry. This is an open and evolving article. It is not meant to be complete. It will continue to grow through stories, lived reflections, and simple, real experiences of encountering and responding to polarisation. A QR code accompanying the article will lead to a dynamic space where these reflections will be added over time, allowing the work to remain alive and in movement.

In times of transition, how do narratives shape our perception, relationships, and participation within a community? What happens to our creative well-being, to our children and youth, and to our collective aspiration when differences slowly turn into divisions? This open, continuous and raw work reflects on these questions through lived experiences, community observations, and a deeper inner inquiry into the aspiration for human unity.

"I am white light made of infinite colours. Polarisation is a distorted prism that focuses on only one colour." What if polarisation is not only something we witness outside, but also something we carry within? What if returning to wholeness is about...?

This exploration touches multiple layers of community life. It reflects on how we relate, respond, and participate; how polarisation quietly impacts mental and emotional well-being; and how it influences us, our children and youth, who, rather than being a space of creation, are caught in conflict. At its heart, it asks a simple yet essential question: What does human unity look like in our daily life?

The intention is not to present a fixed narrative, but to create a space that invites participation. The community is welcome to engage in its own creative and constructive way, through stories, reflections, questions, or expressions. This is not a personal narrative alone, but a shared space for collective exploration.

The purpose is not to define what is right or wrong, nor to take a position, but to pause, observe, question, and reconnect with the deeper aspiration of unity that holds the essence of Auroville.

Smriti Raj Maskeri, an Auroville resident and a catalyst, works at the intersection of education, dialogue, and systems transformation. Her work spans grassroots to policy-level engagement, with a focus on bridging perspectives and nurturing humane possibilities. Through her initiative, *Soulify—Discover the Infinite*, she creates spaces for self-inquiry, collective reflection, and conscious participation among youth, children, and institutions.

This is not an article to be completed and read. It is an Aspiration!

Smriti



AUROVILLE RADIO TV

Your favourite radio is always working for you.

Stay Tuned!

Last published Podcasts

- [Savitri—Ep.41: Introductory Comments in Tamil | by Dhanalakshmi](#) (Spirituality)
- [Jumpa's Joyous Journey with Fif—Ep.9 "The Day She Knew"](#) (Stories)
- ["Mother's Chronicles : Mirra" by Sujata Nahar, Read by Fif—B 1 C 4—"Mirra"](#) (Stories)
- ["Humanity 2.0" by Aviram Rozin with Jazz -A Book Read by Shalev—P 2, C 6: "Gift Economy" \(Society & Conscious Living\)](#)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.532](#) (Integral Yoga)



Latest Youtube Videos

- [Ferrocement Construction Hands on Workshop | Auroville Earth Institute](#)

...and more! on www.aurovilleradiotv.org

For more information, write to radio@auroville.org.in

Sai Priya for AurovilleRadioTV

Foods, Goods & Services

The Living Room

Wholesome meals, fresh coffee, and warm company – all waiting for you at The Living Room. Opposite Auroville Library. Breakfast, lunch & dinner served daily. Everyone's welcome.

Kalpna, Crown Rd, opp to the Auroville Library, Auroville, Tamil Nadu 605101

Open 9am-9pm
All days of the week
+91 9566142115

+91 9566142115, Satyakam

VISITORS CENTRE CAFETERIA



Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovilians, Newcomers, Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

Conscious Catering for your Workshops!

The Cafeteria at Visitors Centre organises organic catering, with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer your participants to the realm of food and explore with us the different possibilities we offer, please contact us:

For enquiries or registration

- cafeteriavc@auroville.org.in, 9043004919 WA Lee

GAS BOTTLE SERVICE

For Indane gas users:

- Customers with one cylinder will need to wait 21 days for the next refill.
- Customers with two cylinders will need to wait 30 days for the next refill.

Thank you all for your cooperation and support.

In the meantime, we kindly suggest using an induction cooktop as an alternative if possible.

Velu or Auroville Gas Service

PT PURCHASING SERVICE OPENING HOURS

- Shop: 8am—7pm, Monday to Saturday
- Canteen: 8am—3pm

Vishnu

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.



Pavithra

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan

GOYO KOREAN SILENT RESTAURANT



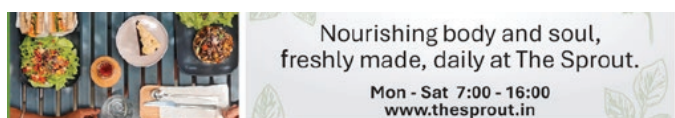
@ Luminosity Auroville, book one day in advance

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

+91 9489693809, goyo@auroville.org.in, Won Ja

THE SPROUT CAFE & RESTAURANT



Nourishing body and soul,
freshly made, daily at The Sprout.

Mon - Sat 7:00 - 16:00
www.thesprout.in

Monica for The Sprout team, www.thesprout.in

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe serves South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe. The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.



Auroville Bakery & Cafe Team, from Mass Bulletin



Open Monday—Saturday, 8:30am—4:30pm

Taste of Yoga, the vegan café @ Verité Integral Learning Center, invites you to slow down and enjoy a moment of nourishment in a calm, welcoming space. We offer wholesome breakfasts, light lunches, and healthful snacks made with high-quality ingredients—many prepared in-house and some harvested from our kitchen garden. Each dish is thoughtfully created to support your body, mind, and well-being.

Submitted by Hon

NATURELLEMENT GARDEN CAFE

Restarts 50% discount scheme on Thursdays

Open 9am—8pm, Tuesdays closed

The busy season is over and we are happy to restart our 50% discount scheme on Thursdays for Aurovillians, Newcomers and volunteers from April onwards.

- At the same time we **discontinue the same scheme in Bella Vita.**
- Our **extended opening timings** upto 9pm will **change to 8pm.**

Martina for Naturellement team

SUDHA'S KITCHEN!

Healthy Plate monthly scheme for Aurovillian Volunteers & Guests

- **Special Offer:** Aurovillians get 20% discount
- **Group Bookings Welcome**

Contacts: +91 8608123072 WA, +91 4133509884

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria, 7:30—10am

Variety of Dosa and
Millets Pongal, Coffee
Rs.99

Submitted by Shiva



POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.

The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

- ptw@auroville.org.in

Please note:

- **Do not give any cash to any team member of PTW.** We request to avoid calling our workers directly on their contact numbers.

Danny, Grace for Pour Tous Water team

KIM SCHEME UPDATE

We are excited to announce that we have included more e-cycles to expand the KIM scheme for Aurovillian and Newcomers. Members who have already registered and are on our waiting list can now come and collect their e-cycles.

In addition, we have reopened the registration for the KIM scheme. If you want to join and contribute to sustainable transportation in Auroville, you can now register online through the KIM website <https://app.kinisi.in/kim/>

Thank you for your continued support of our efforts to promote sustainable transportation in Auroville.

Debo



QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovillian) with decades of experience.

- You may call Qutee
 - 9443372418/ WA 9092637055
 - or email govindaraj@auroville.org.in
- for any of your requirements. Upgrade to electric transport and solar power.

*Govindaraj & B
for Qutee Electric Scooter Service*



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services,** we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256

- its@auroville.org.in

Rajesh.D



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS



SUNRISE TAXI SERVICE
A Unit of Auroville Foundation

Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592
Office cell: 8610915429
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in



SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server set-up, monthly and annual maintenances etc.



- Utsav Phase—1A, First Floor, Vérité Radial, Auroville
- 0413 2622050, 9443211891, 9786953603
- FS account: 251263, sarvamcomputers@auroville.org.in

Bala

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version: <https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>

Sathish



ABACUS ACCOUNTING

New Financial Year 2026–27

Greetings and Support from Abacus Accounting

On the occasion of the commencement of the new financial year 2026–27, we extend our best wishes to all units for a successful and productive year ahead.

We would like to inform you that Abacus will provide comprehensive support across the following areas:

- Accounts and Bookkeeping
- EPF, ESI, GST and TDS compliance
- Individual Income Tax Return filing
- PAN-related services
- Tally and Zoho training, along with regular follow-up support
- Ongoing operational support with a focus on strengthening administrative processes through Standard Operating Procedures (SOPs)
- Taking up accounts and compliance support for Non-Auroville entities, including externally registered companies

Units interested in availing our services or seeking support are kindly requested to get in touch with us. We will review your requirements and extend the necessary support in a structured and timely manner. Should you require any assistance or clarification, please do not hesitate to contact us. We look forward to your association.

- Saracon Campus, Kottakarai
- 9894442349, 0413 2622962
- abacus@auroville.org.in / abacus962@gmail.com

Prabhu for Abacus Accounting

HEMPLANET

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. Davide

SURABHI SUPPLIES

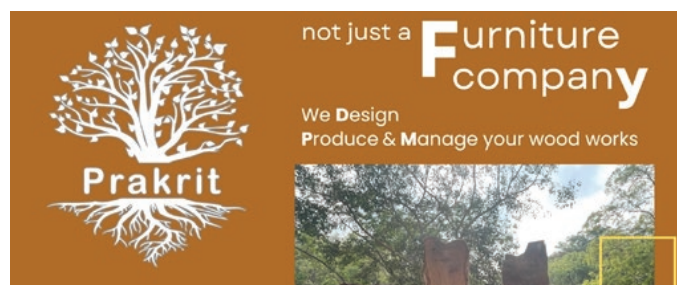
Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:** surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

TREE CARE SERVICES

Regular tree maintenance is essential for ensuring safety, health, and longevity. Over time, trees can develop deadwood, structural weaknesses, or imbalanced growth that increases the risk of branch failure, especially during storms or high winds. Routine inspections and pruning help identify and address these issues early, reducing hazards and costly interventions later. Proper maintenance also improves air circulation, light penetration, and overall vitality, enabling trees to better withstand environmental stress such as heat and drought. Investing in regular tree care not only protects people and property but also supports a healthier, more resilient urban landscape.



TREE CARE
Arboricultural technicians
+919042059890
+919159843579 | +918940188350
Kriya, Auroville, TN - 605101
treecareindia.com

- **Monday to Saturday, 8am—4pm**
- **9159843579 Emergency tree work**
- **office@treecareindia.com:**
Consultations, tree inspections & pruning

Jonas

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm



We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info: call/ WA +91 8300268804 or pass by.

Isabelle

INSIDE INDIA



As per the guidelines of the Ministry of External Affairs (MEA), all documents requiring attestation or apostille must be submitted through authorized outsourced agencies. In this regard, you may submit the relevant documents with Inside India, and we will assist you in obtaining the attestation or apostille through an authorized agent.

Our Certificate Attestation Services:

Educational Certificate Attestation: (Education Certificate, Degree Certificate, Diploma Certificate, HSC Certificate, SSLC Certificate Etc.,)

- MEA Attestation (Ministry of External Affairs)
- SDM (Sub-Divisional Magistrate)/HRD Attestation (Human Resource Development).
- Embassy Attestation.
- MOFA (Ministry Of Foreign Affairs).

Personal Certificate Attestation: (Birth Certificate, Marriage Certificate, Divorce Certificate, PCC and other documents)

- Notary.
- Home department.
- MEA (Ministry Of External Affairs).
- Embassy attestation.
- MOFA

Commercial Certificate Attestation:

- Chamber of Commerce attestation.
- MEA (Ministry Of External Affairs).
- Embassy attestation.
- MOFA

Different purposes of certificate attestation:

- To study abroad.
- For employment.
- For family trips to other countries.
- A visa to stay permanently.
- For migration.
- For trade.

Should you require any further clarification or assistance, please do not hesitate to contact us. We will be happy to assist you.

New! Indian Visa Assistance Services by Inside India

Foreign nationals who require assistance with exit permit applications are kindly requested to visit our office with the necessary documents, such as passport, visa copy, photographs, C-Form, request letter addressed to E-FRRO, and supporting travel documents. We will be happy to assist you and provide proper guidance to complete the procedure smoothly.

Complete International Courier & Cargo Collection Center (Inside India Travel Agency)

We are thrilled to announce the expansion of our services to include comprehensive international courier and cargo solutions, bringing the world closer to your doorstep. Our Services Include:

Europe & UK Deliveries:

- DPD Partnership—Duty & VAT Free shipping
- UK delivery in 6-7 days
- Europe delivery in 12-15 days
- Complete European Union coverage including Austria, Belgium, France, Germany, Italy, Spain, Netherlands, and 25+ more countries

Australia & New Zealand:

- Specialized homemade food items shipping
- Third-party services available
- Competitive pricing with ZIP code rate checking
- Masala & spices delivery to both destinations

Southeast Asia:

- Direct Malaysia & Singapore connections
- Fast 1-week delivery from Chennai
- No duty, no tax on selected items
- Reliable third-party partnerships

Individual Travel Insurance by Bajaj Allianz

Inside India is now offering Travel Insurance to ensure safe travels and a smooth journey for you from the start till the end! Travel comes with risks—delayed baggage, lost passport, or sudden illness. Individual travel insurance ensures financial protection, quick assistance, and peace of mind wherever you are.

Key Features of Bajaj's Travel Insurance: Global 24/7 assistance, Covers medical emergencies, trip delays/cancellations, lost belongings, and even home burglary while you're away. Quick and hassle-free claims with fast settlement.

Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write tours@insideindiaauroville.com to start planning.

Inside India Timings

- Inside India is open for your next journey **Monday to Friday, 10am—5pm** at our Office in Kalpana Community (Opp. Auroville Library)
- We are open the second & fourth Saturdays of each month
- **For urgent matters or emergencies**, you may contact our ticketing agent **Ganesh: +91 9894598686**.

Shaheen for Inside India Team

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

AVDZINES

@ Mangalam campus, near Wellpaper & Bamboo Centre
You are also welcome to send your job via email and WA

- **Working Hours: 9am—12:30pm & 2—5pm**
- **Type of jobs that can be given:**
Printing, Layout designing, Passport Photos, Package designing & Manufacturing, Photo framing & Lamination, All kinds of boxes & paper bags and Screen printing.
- For **big works** we can deliver to your place. Please come over and support it.

avdzines@auroville.org.in, avdzines@gmail.com

9443459063 WA, Guna for AVDzines

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
- **Primary Email:** rapidcare@auroville.org.in
- **Secondary Email:** rcsrapidcareservice@gmail.com
- **Instagram handle:** @rapidcare1

Balaji & Arun

Classes, Workshops & Healing Arts

CLOWN & PRESENCE WORKSHOP

Mondays, 2—6pm, @ CRIPA, Small hall

We are happy to invite you to Clown & Presence workshop

We will explore games and techniques drawn from Clown training, physical theater and vocal research.

Our focus will be on developing intuition, deepening body awareness as a channel for expression and communication, and cultivating presence through active listening.

Through collective and individual play we will learn to embrace spontaneity, expressing emotions with authenticity, and reveal our unique essence.

- Further info misha@auroville.org.in

Mike



MINDFULNESS WITH HELEN IN APRIL

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness.

Helen also offers one-on-one sessions and private group sessions in person and online on request.

For details & bookings:

- 7094753054 WA or visit innersightav.org.

Mindfulness Kindfulness

- **Half day retreat: Saturday, 18 April, 9:30am—12:30pm**

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts. Everyone is warmly welcomed. Participants can choose to sit on a cushion, mat or chair & will hold silence throughout the retreat to allow inner deepening.



Foundations of Mindfulness course

- **Thursdays, 7:30—9am, starting 23 April**

A five week journey into the *Satipatthāna Sutta*—the Buddha's teachings on mindfulness of breath, body, mind and mental patterns—as a foundation to modern mindfulness practices. The course will explore each foundation, weaving together context from the Sutta with guided mindfulness practices, offering both understanding and direct experience.



Introduction to Mindfulness workshop

- **Saturday 25 April, 10am—12pm**

Discover how to find inner calm in the chaos of everyday life. Learn simple techniques to steady the mind and connect with presence, clarity, and joy. This workshop is perfect for anyone wanting a calmer, more present way of being, or a deeper understanding of what mindfulness is.



Helen

LONELINESS LISTENING CIRCLE



Thursdays, 9 & 23 April, 6—8pm

Most of us share the experience of coming to Auroville because we could not fit into the old culture and values. Our aspirations, joy, and pain were not seen, heard, understood, or valued enough, which created a sense of loneliness. This sense of loneliness can stay within us, often without our awareness, even after coming to Auroville, and may limit the way we live here.

Loneliness can be present even when one has friends, relationships, or spends a lot of time with people, if one is not seen and heard for who they are and what they are experiencing. Often, it remains unspoken and quietly carried.

This listening circle intends to create a space for authentic human connection through sharing without the fear of being judged, and through pure listening without thinking of a reply.

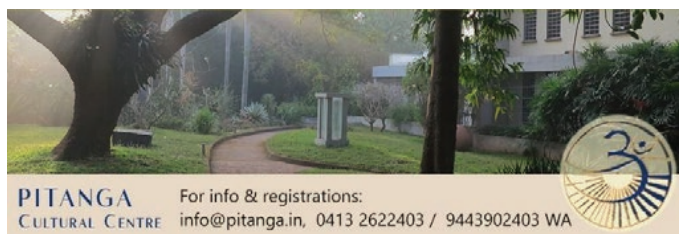
All participants are required to consent to a confidentiality agreement before joining the circle.

No contribution is expected; you may offer a donation for the hall if you can. Guests are also welcome to join the circle.

- **Register here before 5pm on the day of the circle:**

Raamkumar, 9943211101

PITANGA CULTURAL CENTRE APRIL



Holiday closure: Pitanga will remain closed to the public on Tuesday, 14 April, for Tamil New Year

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Yoga Therapy	8—9:30am	Gala
	Doing No-Thing Consciously	4:15—5:15pm	Mike
	Iyengar Yoga	5—6:30pm	Olesya
Tuesday	Yoga: Restore & Relax	5—6:30pm	Florina
	Kundalini Yoga, every week we explore a different kriya.	5:30—7pm	Bel
Wed	Yoga Therapy	8—9:30am	Gala
	Dynamic Yoga Flow	5:30—7pm	Florina
Thursday	Iyengar Yoga	7—8:15am	Olesya
	Prana Kriya	7:30—9am	Florina
	Aviva Exercise—for women only	4:30—5:30pm	Suriya-gandhi
	Iyengar Yoga	5—6:30pm	Olesya
	Yoga: Restore & Relax	5:30—7pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants	6:45—8:15am	François & Namrita
	Yoga Therapy	8:15—9:45am	Gala
	Dynamic Yoga Flow	5—7pm	Florina
Saturday	Iyengar Yoga	7—8:15am	Olesya
	Breathing & Mudras	8—9:30am	Gala
	Kundalini Yoga, every week we explore a different kriya.	10—11:30am	Bel
	Truth Based Relationships, practical sessions, not on 11 & 18/04	2:30—4:30pm	Juan Andres
	Iyengar Yoga	5—6:30pm	Olesya

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/ families	3—5pm	Gala
Monday to Friday	Ashtanga Yoga (self-paced)	7:30—9:30am	Monica M.
Saturday	Ashtanga Yoga (led primary series)	7:30—9am	Monica M.

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4—5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth's absence.

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine), NA Chiropractic, NA
Anne H	Cranio Sacral Technique
Auromira	Shamanic Healing
Francesca F	Antigymnastique®
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Olesya	Visceral Massage
	Neurology Massage
	Psychosomatic of diseases
	Women's Health Therapy
Swati R	Movement Therapy for infants and young children

New Activities

Kundalini Yoga with Bel

- Tuesdays 5:30—7pm & Saturdays 10—11:30am

Every week we explore a different kriya. Beginners are always welcome.

Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Auro-card or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA, info@pitanga.in

AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring.

Working from Monday to Saturday **only by appointment call or WA: 9443635114.**

Meha for Auromode SPA



VIPASSANA GROUP SIT

Every Sunday, 9am—12pm

@ Udavi school, near tank, Edayanchavadi

Dear Meditators, you are all very welcome to the weekly half-day Vipassana meditation course for “old students” **only** (meaning for those who have completed at least one 10-day course as taught by SN Goenka).

- First building to the left near the parking. [Location](#). No registration is required.

You can come for the whole course or just drop in for some time whenever you want. Please keep your cell phones off or in airplane mode for the duration of the course.

8807434864, Laure



QUIET HEALING CENTER



www.quiethealingcenter.info, quiet@auroville.org.in

+91 9488084966, Mobile & WA

Watsu® Yoga Round with Ellie

- 14 April, 3—6:30pm, 3.5 hours
- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken, and celebrate the energy of your being. When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance!



Watsu® 1 with Xavier Boisson & Pooja Gautam

- 15—20 April, 8:45am—6:30pm, 50 hours
- **Prerequisites:** no previous experience required

Created by Harold Dull in the 1980s, **Watsu** is given in a warm water pool (ideally 35°C) and known as the mother of all other aquatic bodywork modalities. In this course, you will first learn the basic movements and positions of Watsu. Then, you will connect them with long, gracefully flowing transitions and adapt to people of different sizes, shapes, and dispositions. You will also practise basic qualities such as grounding, presence, stillness, and attention in moving another person in water. You will experience floating others and being floated, thereby creating space for deep relaxation and nurturing body, mind and spirit.

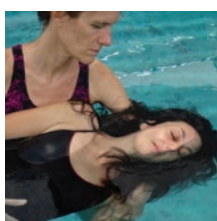


By the end of this course, you will have learnt the complete Watsu 1 sequence for further practice sessions till you feel ready to move on to Watsu 2.

Liquid Flow Deepening with Dariya & Daniel

- 21—27 April, 8:45am—6pm, 50hours
- **Prerequisites:** Liquid Flow Essence and Liquid Flow Essence Integration Day.

Liquid Flow Deepening is an extension of Liquid Flow Essence with a focus on process work and refinement of flow and touch, both on the surface and under water. It also includes free movement and contact dance in water as well as acquiring tools for deeper listening and expressing yourself with the help of compassionate communication. In addition, you'll learn connecting deeper through working with the breath, sequencing your session, and finding your own combinations and adjustments according to your personal abilities and circumstances—away from right or wrong or perfect—to accommodate different sizes, shapes, and body types. You'll also be encouraged to create your own sequences and movements, present them to other students, and learn from their creations.



Tools will be offered for deeper listening, learning from feedback, and holding your own process and that of others. All this will hopefully lead to a better understanding of yourself and allow more empathy for your client's process, thereby fostering personal healing for yourself as well as your client.

Woga® 1&2 (Yoga in Water) with Tamara

- 28—29 April, 8:45am—6pm, 12 hours
- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest height. Woga focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation.



Classes follow a structure similar to land-based yoga: breathing exercises, warm-ups, a series of poses, and a relaxation period. The key difference is that you are in a warm water pool! Swimming skills are not required.

By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

Guido

ACTIVITIES BY ELA THOLE

@ Inside India, Office No. 2, Kalpana, Auroville

The Integral Yoga of Sri Aurobindo and The Mother Introduction

- 11 April, 9am—12:30pm

Join us for a reflective and insightful session with Ela Thole as she guides us through the essence of the Integral Yoga as envisioned by Sri Aurobindo and The Mother.



This workshop offers a space to understand the foundations of their teachings more deeply and places them in dialogue with the traditional paths of Indian spirituality.

Whether you are new to this philosophy or wish to deepen your practice, this session is open to all.

Workshop: The Integral Yoga of Sri Aurobindo and The Mother, Insights into its Practice

- 12 April, 9am—12:30pm

This workshop identifies basic elements of Integral Yoga practice and creates a space to explore how this yoga can be consciously woven into daily life—at work, in the challenging moments of life, and in silence.

Through guided contemplation, participants are invited to discover how divine presence, inner openness, and receptivity can become steady companions on the path.

Whether you're new to Integral Yoga or looking to deepen your practice, this session is open to all.

Contact us to book your spot!

info@insideindiaauroville.com

+91 8524953838/ 0413 2622047

Shaheen

NADIA LABIOD @ ARKA



Submitted by Nadia



With Sitara: Meditation Yin Yoga Sound Journey

- Mondays 10:30am—12pm @ Hall of Light in Creativity
- Thursdays 10:30am—12pm @ New Creation Studio

In this class, accessible to all levels, Sitara will teach her favorite combination of meditation, yin yoga and sound journey. Yin yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.

With Munay: Surya Kriya Yoga Tibetans Rites

- Wednesdays 11—12:30 @ New Creation Studio
- Fridays 10:30—12 @ Hall of Light in Creativity

This is a combination of ancient Yogic practices, including a full Shamanic journey during shavasana, to energize and rejuvenate body and mind, and connect with higher consciousness.

With Munay and Sitara:

Yoga Nidra & Creative Writing—A Journey Within

- Saturdays 10:45—11:45am @ Vérité

Step out of the noise and into a space of stillness, imagination, and gentle self-exploration. Through guided Yoga Nidra, you will enter a state between waking and dreaming—where the body rests and the mind opens.

From this space, we flow into intuitive creative writing, allowing words to arise naturally from within.

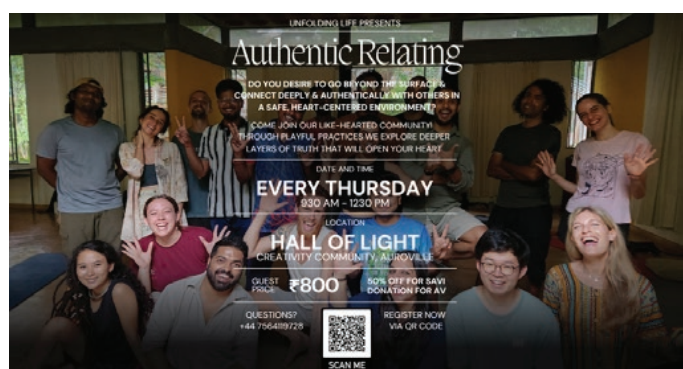
- No writing experience needed
- Come as you are
- Bring your own notebook & pen

Locations:

- [New Creation Studio](#) is on the second floor of the building just after La Piscine in the Auroville Community of New Creation. Stairs in the narrow pathway alongside the pool's brick walls.
- Hall of Light is in Creativity Community, in the center of Auroville.
- [Vérité](#) is an Auroville project for integral learning, living & yoga.

Other details:

- Drop-in classes, Guests Rs600, Aurovilians Rs200
- In Vérité: Guests Rs400, Volunteers Rs200
- Check our website for more info and updates: sitaramunay-kiyoga.org Munay (Giovanni)



Dave

REGULAR YOGA CLASSES @ SAIER CONFERENCE HALL

6:45—8am

Suitable for all levels. Join Dev's yoga classes.

- To transform your Physical, Vital & Mental wellbeing
- Support lifestyle disorder & pain management

Our yoga classes:

- Monday: Hatha yoga class
- Tuesday: Dynamic Yoga
- Wednesday: Deep stretches, deep relaxation, OM chant
- Thursday: Intensive Yoga
- Friday: Pranayama (Awareness of breath)

For more details contact 9790171722, Dev

- Aurovilian & Newcomer: Contribution,
- Savi Volunteers: Rs. 200/class or 2000/month &
- Guests: Rs 300/class or 3000/month

Dev

WEEKLY SESSIONS IN VEDIC PHILOSOPHY

Saturdays, 3:30—4:30pm IST

I host a free, weekly live session where we explore one idea from Vedic philosophy and reflect on how it applies to everyday life.



Each week, we take a concept from the Vedas, Gita, Upanishads, Yoga Sutras, or related texts, understand it in simple language, and sit with one small question or practice for the coming days. The sessions are conversational and reflective. About 30 minutes of sharing, followed by quiet reflection or a gentle interactive activity. This free to join.

You can join any week and step away anytime.

If this feels interesting, please register here:

<https://online.allthingsvedic.in/courses/Snippets-of-Hindu-Vedic-Philosophy-by-Vikram-Devatha>

Vikram

WORLD GAME FOR ADULTS AND CHILDREN

"Where contemplation meets playfulness and transformation."



This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to "know oneself", this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour.
- Individual session or together with a good friend.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers.
- Languages: English, Français, Nederlands.

+919488084952 WA, Aikya

VÉRITÉ PROGRAM,

April

www.verite.in

- 0413 2622045, 2622606
- 9363624083
- or programming@verite.in,
- www.verite.in



Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Tristhana Yoga Practice	9:15—10:15am	Keshav
	Pranayama with Chanting	10:45—11:45am	Mani
	Restorative Yoga	3:30—4:30pm	Mani
	Deep Sound Bath	5—6pm	Satyayuga
	Vinyasa Yoga Flow	5—6pm	Meghan
Tuesdays	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Vinyasa Yoga Flow	10:45—11:45am	Meghan
	Yin Yoga Flow for the Spine Mobility	3:30—4:30pm	Mani
	Sivananda Yoga	5—6pm	Mani
Wednesdays	Slow Vinyasa Yoga	7:30—8:30am	Keshav
	Yin Yoga	9:15—10:15am	Mani
	Yoga for Back Care	10:45—11:45am	Keshav
	Hatha Yoga	03:30—4:30pm	Ivana
	Vinyasa Yoga Flow	5—6pm	Meghan
	Free Flow Dance	5—6:30pm	Vera
Thursdays	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Vinyasa Yoga Flow	10:45—11:45am	Meghan
	Meridian Yoga with Pranayama	3:30—4:30pm	Mani
	Deep Sound Bath	5—6:30pm	Satyayuga
	Sivananda Yoga	5—6pm	Mani
Fridays	Hatha Abhyasa Yoga	7:30—8:30am	Keshav
	Yin Yoga Flow for Hip Mobility	03:30—4:30pm	Mani
	Yoga Nidra with Chanting	5—6pm	Mani
Satur-days	Yoga Nidra & Creative Writing—A Journey Within	10:45—11:45am	Sitara & Munay
	Deep Sound Bath	5—6:30pm	Satyayuga

Therapies:

Pre-registration required

Therapist	Therapies (by appointment only)
Ashok	Acupressure Therapy
	Cupping Therapy
	Deep Tissue Massage Therapy
	Foot Reflexology
	Integrated Deep Tissue Massage & Acupressure Therapy
Mamta	Holistic Face & Neck Massage Therapy
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Full Body Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care with Indigenous Herbs
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Susan	Heart-Centered Resilience
Veeramani	Physiotherapy & Rehabilitation
Vyshnavi	Aromatherapeutic Massage for Face and Feet
	Energy Healing Reiki
	Holistic Foot Reflexology

Workshops

Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Friday, 10 April	Relaxation & Deep Sound Bath	2—4:30pm	Satyayuga
Saturday, 11 April	Yin Yoga Flow	9:15—11:30am	Mani
Saturday, 18 April	Face & Eye Yoga: Face Your Self	9:15am—12pm	Mamta
	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr. Geeta
Saturday, 25 April	Back Care & Posture Yoga	9:15am—12pm	Keshav

Relaxation & Deep Sound Bath with Satyayuga

- Friday, 10 April, 2—4:30pm

This session offers a deeply soothing experience rooted in the ancient art of sound healing. Using the unique frequencies of instruments such as Tibetan singing bowls, xylophone, and drums—accompanied by mystical chanting—it gently guides you into a state of profound relaxation. These vibrations work to awaken the inner being and align the body, heart, and soul with the universal frequency, promoting healing on a cellular level and restoring harmony within.

Yin Yoga Flow with Mani

• **Saturday, 11 April, 9:15—11am**

Explore your life through the lens of play. Instead of focusing on problems to solve, we'll start with a different question: What kind of character do you want to be playing right now? Through guided visioning and a simplified character-design framework inspired by role-playing games, you'll identify your natural strengths, tendencies, and areas for growth and use them to design a character that feels both aspirational and grounded. An interactive workshop designed as a starting point to unlock clarity, motivation, and momentum without pressure or overwhelm. The aim is for participants to come away with a designed "player character" representing their next phase; insight into how they naturally operate under pressure and ease; clarity on what to lean into and what to stop forcing; a playful, non-judgmental way to think about personal growth; and an enhanced sense of curiosity and readiness for deeper work.

Face & Eye Yoga: Face Yourself with Mamta

• **Saturday, 18 April, 9:15am—12pm**

The physical & mental state of our inner world determines how we experience our outer world, and our sense organs are the tools for each experience we have. Face & Eye Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve the efficiency of our organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise in this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

• **Saturday, 18 April, 2–4pm**

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Anandhi

ARKA WELLNESS CENTER PROGRAM, April

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Pepe	Body Logic, Soft Massage, Deep Tissue Massage Monday to Saturday By appointment, +91 9943410987
Silvana	Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English & French</i>	- Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I Ching oracle - Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral Reiki healing - Holotropic technique breathwork Monday to Sunday, by appointment only +91 7041391995, narayani-nc@auroville.org.in

Dr. Shruti BPT., M.P.T.—Orthopaedics	Physiotherapy, Evidence based practice for: Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care By appointment only, +91 7904769496 auroshruthi@auroville.org.in
Nadia	Naturopathy diet nutrition and psychosomatic Monday to Saturday 9—12 am Appointment only: 9489035457

Classes

Teachers	Classes	When
Damien	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709

For any details and queries, you can contact us at

• arka@auroville.org.in, 0413 2623799

Services

Aurokiya: Eye care center

• Monday to Saturday, 9am—12:30pm, 1:30—5pm
 • +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

• morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

• By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

• For Aurovilians only, max. stay 3 weeks
 • Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

• +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

• By appointment, +91 9428429642
aditiitva@auroville.org.in

Health & Healing Trust: Administration office

• healthhealingtrust@auroville.org.in

Ramana, Arka

DAILY PRANAYAMA CLASSES WITH RAMESH

Monday—Friday, 7:30—8:30am
 @ Hall of Light, Creativity

Drop in for a pranayama class Monday to Friday mornings 7:30 to 8:30am at Hall of Light, Creativity Community. We will be doing light asanas, guided breathwork and meditation.

Drop-in contribution:

• Rs. 400 for guests, Rs. 300 for Creativity guests, Rs. 200 for volunteers, by donation for AV and NC

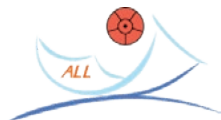
For more information, contact Ramesh:

• 9845168490,
 • rameshbalasubramaniam@auroville.org.in



Ramesh

NEWS FROM AUROVILLE LANGUAGE LAB



Language Lab Building Tours with Mita

The Language Lab warmly invites you to discover the Auroville Language Lab building through a guided tour highlighting its thoughtful design and inspiring approach to sustainable, healthy, and conscious construction.

- Every Saturday, 3—3:45pm, by free contribution
- Registration mandatory by Friday, **no drop-ins**: +91 98430 30355
- **Drop-ins**: Also welcome, open to everyone

Come explore this stellar example of mindful architecture and learn more about the vision behind the building. We look forward to welcoming you!

Current Schedule of Classes, **9 April**

<https://aurovillelanguagelab.org/current-schedule/>

Please register through the following contact options

- +91 4132623661, +91 9843030355 WA
- info@aurovillelanguagelab.org
- <https://www.aurovillelanguagelab.org/registration>

Symbols, Stories & Speech: Mandarin Chinese Through Art and Culture

We are delighted to invite you to a unique and creative Mandarin learning journey at the Auroville Language Lab. This special beginner course blends language, art, culture, and conversation into one joyful experience.

Teacher: Shiju Hsieh, National Taiwan Normal University, PhD student in Teaching Mandarin Chinese as a Second Language.

Level: A1, Complete Beginners Welcome

- **9 March—30 April, 16 sessions (16 hours)**
- **Tuesday & Thursday, 2:30—3:30 pm**

Discover Mandarin through art, stories, and real-life conversations.

In this course, you will paint ancient Chinese characters, speak with growing confidence, explore vibrant cultural traditions, build practical survival communication skills.

This joyful beginner course nurtures global awareness and intercultural friendship, while developing strong foundational language skills.

Course Goals: Functional survival communication in Mandarin, Foundational literacy in traditional & simplified Chinese, cultural immersion & intercultural awareness, embodied learning through calligraphy & symbolic thinking, community-based dialogic learning

Each Session Includes: Oracle bone script (甲骨文) brush exploration, survival conversation practice, cultural experience

This course is ideal for anyone curious about Mandarin language and Chinese culture, and especially for learners who enjoy creative, embodied, and community-based learning. We look forward to learning together.

Learn Mandarin Conversation

- **Starting 16 March, Monday—Friday, 11am—12pm**
Duration: 24 hours

Survival Mandarin for Living in Taiwan/ China (Level A1–A2). Would you like to learn practical Mandarin for everyday life, travel, or living in Taiwan or China? Join our Mandarin Conversation Course, a 100% interactive speaking class designed to help beginners communicate confidently in real-life situations.

Topics you will practice: Self-introductions, Ordering food and bubble tea, Asking for directions, Shopping and transportation, Festivals and cultural situations. This course focuses on practical conversation skills, helping learners feel comfortable using Mandarin in daily interactions and real-world situations.

Join our 100% interactive speaking class and start communicating in Mandarin.

New Beginner German Course (A1.1) with Verena

We are happy to announce a new Beginner German (A1.1) course starting Tuesday, 3 March 2026, with Verena, a native German speaker.

- **Tuesdays & Fridays, 9—10:30am**
- **36 hours total, spread over 3 months**

This course is designed for complete beginners and offers a balanced introduction to listening, speaking, reading, and writing, with a strong focus on practical, everyday communication. A warm welcome to anyone curious to begin their journey with the German language. Registering early will help in getting the minimum number of students to launch the course.

Gibberish Lab—Beyond Words with Siddharth

A new experiential course. The Gibberish Lab is a 3-month experiential journey inviting participants to step beyond structured language and rediscover the joy, spontaneity, and deep connection that can arise through communication without words.

Through playful exploration and embodied expression, this course opens a space where meaning emerges naturally—beyond grammar, beyond labels.

- **Started Saturday, 28 February 2026**
- **Every Saturday, 4—5pm**

Facilitator Siddharth, drop-ins possible

Open to anyone curious to explore communication in a freer, more intuitive way.

English for Beginners with Ashwini

Join our beginner English course and build confidence in listening, speaking, and everyday communication. Learn essential vocabulary for daily life, shopping, travel, and simple conversations.

- **Start Date: TBA, Duration: 24 hours (over 3 months)**
- **Tuesdays & Thursdays, 5:45—6:45pm**

Intermediate English Conversation with Riki Dwivedi

We warmly invite you to join our Intermediate English Class at the Auroville Language Lab — a friendly and interactive space to practice English with others from the community.

Led by Riki Dwivedi, who brings advanced native-level English speaking skills, these sessions focus on helping participants speak more confidently and naturally through discussion, games, and engaging activities.

- **Tuesdays & Thursdays, 10:30—11:30am**
- **Started: 19 March**

What to Expect: Fun, stand-alone classes — join anytime, a new topic every session, games, discussions, and writing activities, a supportive environment to practice speaking, students can suggest topics for upcoming classes

Whether you want to improve fluency, expand vocabulary, or simply enjoy meaningful conversations, this class offers a relaxed and engaging way to practice English.

Practice, Connect, Learn, Enjoy!

English Conversation with Ashwini

Would you like to speak English more confidently in daily life, work, and community conversations?

Join our 3-Month English Conversation Course designed to help learners move from basic to advanced conversation skills in a supportive and interactive environment.

- **Started: 18 March**
- **Mondays, Wednesdays & Fridays, 4—5pm**

What you will learn: Vocabulary building for everyday communication, correct pronunciation, simple grammar for daily use, public speaking practice, interactive activities and role play

This course focuses on practical speaking skills, helping you gain the confidence to communicate clearly and effectively in English.

Improve your confidence and communicate effectively.

Dive into French with Isabelle

Intensive 2-Week Course

The very popular course combines one hour of lively conversation sessions with Isabelle with one hour of interactive practice in our Mediatheque. With this balanced approach, you'll gain confidence, fluency, and a deeper understanding of the French language.

- **Classes begin 20 April**
- **Monday to Friday, 11am—1pm**
- **Total 20 hours: 10 hours with the teacher and 10 hours of Mediatheque practice.**

Spots are very limited — only five (5) participants will be admitted — so early registration is highly recommended.

Learn Hindi in 24 Hours: Crash course with Ashwini

Would you like to learn essential Hindi for everyday conversations in a short time? Join our Hindi Crash Course, designed to help beginners quickly gain the basic grammar and communication skills needed to speak Hindi with confidence.

- **Starts 6 April**
- **Mondays, Wednesdays and Fridays, 5—6pm**

Course Highlights: 24-hour course designed for practical learning. Join regularly or drop in when possible. Beginner-friendly sessions. Focus on grammar and communication skills. Learn essential Hindi for everyday conversations.

This course offers a flexible and accessible way to start speaking Hindi, whether you are new to the language or want to strengthen your basic communication skills.

All students are welcome. Limited spots available.

Tamil (Beginner) with Saravanan

Equivalent to Saravanan's course, designed for beginners to build spoken Tamil for daily communication.

- **Started 16 February, 24-hours course over 3 months**
- **Mondays & Wednesdays, 5:30—6:30pm**

Intermediate Tamil Conversation with Saravanan

Spots available! Improve your speaking, listening, and everyday Tamil communication!

Our Tamil Intermediate Class offers a friendly and interactive space for learners who already know basic Tamil and want to develop greater fluency and confidence in conversation.

- **Started 21 March, Saturdays, 2—4pm**

What You Will Practice: Real-life conversation practice, interactive activities, vocabulary building and practical exercises, cultural insights into Tamil language and life.

This course is designed to help learners strengthen everyday communication skills through engaging discussions, practical exercises, and guided conversation practice.

A welcoming learning environment for students who already know basic Tamil and want to go deeper.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Current Schedule of Classes, 9 April

<https://aurovillelanguagelab.org/current-schedule/>

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Intermediate Conversation with Riki	8-Hours Monthly Always ongoing	10:30–11:30am Tuesday & Thursday
	Beginner Conversation with Ashwini	36-Hours, 3 months, Starting 18 March	4–5pm Monday, Wednesday & Friday
	Beginner with Ashwini	24-hour 3 months TBA	5:45–6:45pm, Tuesday & Thursday
French	Intensive with Isabelle—NEW!	20-hours, 2 weeks Starting 20 April	11am–1pm Monday to Friday
Mandarin Chinese	Survival Conversation with Shiju Hsieh	24-hours 3 months, 2 March	Monday to Friday 11–12noon
	Mandarin Chinese through Art and Culture with Shiju Hsieh	16-hours 2 months, 10 March	2:30–3:30pm, Tuesday & Thursday
Tamil	Beginner with Saravanan	24-Hour, 3 months, Starting: 16 February	5:30–6:30pm Monday & Wednesday
	Intermediate with Saravanan	24-Hour, 3 months, 17 February	9:30–10:30am, Tuesday & Friday
Spanish	Intermediate with Joana	12-Hour, 2 months, Started 6 January	3:30–5pm, Tuesday
German	Beginner with Verena	36-Hour, 3 months Starting: 3 March	9–10:30am Tuesday & Friday
Hindi	Beginner with Ashwini	24-Hours, 2 months, Starting 6 April	5–6pm Monday, Wednesday & Friday
Gibberish	Beginner with Siddharth	12-Hour, 3 months Starting 7 February	4–5pm Saturday

Private one-on-one classes possible for all languages; please inquire.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions usually happen weekdays from 5–6pm (barring exceptions) as follows:

- **Mondays:** French, 5–6pm
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Wednesdays:** Sanskrit chanting with Remesh 5:30–6:30pm
- **Thursdays:** English conversation with Alex, 5:30–6:30pm

Communication with the Lab:

Service through our BSNL phone numbers:

- 2623661 (Lab) and 2622467 (Tomatis).
- **For language-related matters:** +91 9843030355WA.
- **For Tomatis:** please use 0413 3509932.
- [Language Lab Brochure](#)
- **Register now:** info@aurovillelanguagelab.org or www.aurovillelanguagelab.org/registration

Mita



CINEMA PARADISO

@ Multimedia Center (MMC) Auditorium, Auroville
Film Program 13—19 April

At the Multimedia Center Auditorium for Cinema Paradiso screenings, doors open 15 minutes before showtime and close once the film begins. Please arrive on time, avoid crossing in front of the screen or using mobile phones, and note that food and drinks are not permitted.

For two decades, Cinema Paradiso marked Earth Day through its Eco Film Fest (April 16—22), bringing ecological, environmental, social, and nature-based films to the community. While the festival concluded last year, we continue in the same spirit, curating similar themes across genres in a refreshed format that celebrates our world, cinema, and community.

Indian—Monday, 13 April, 8pm **Humans in the Loop**

India, 2024, Writer-Dir. Aranya Sahay w/ Sonal Madhushankar, Gita Guha, Vikas Gupta, and others, Drama, 74mins, Hindi w/ English subtitles, Rated: NR (PG-13)

Nehma, an Adivasi single mother from Jharkhand, unexpectedly finds herself training artificial intelligence systems—the same technology shaping our everyday lives. Her journey uncovers unseen human labor and hidden biases behind machine learning. *Hailed by film personalities and social workers as a must-see, the screening will conclude with a brief and engaging Q&A likely featuring the director and Biju Toppo, a pioneering Adivasi ethnographic filmmaker. A film and Q&A you cannot miss!*

Potpourri—Tuesday, 14 April 8pm

Animals Are Beautiful People (Beautiful People)

South Africa, 1974, Writer-Dir. Jamie Uys w/ Paddy O'Byrne and others, Comedy-Documentary, 92mins, English w/ English subtitles, Rated: G

In Southern Africa's deserts and deltas, baboons stumble into mischief, meerkats bicker like neighbors, and elephants reveal playful quirks. This award-winning film transforms survival into comedy, blending stunning wildlife moments with laugh-out-loud antics. A timeless celebration of nature's humor and heart, it invites audiences to discover animals as unforgettable personalities worth cheering for.

Selection—Wednesday, 15 April 8pm

Little Red Wagon

USA, 2012, Dir. David Anspaugh w/ Chandler Canterbury, Anna Gunn, Frances O'Connor, and others, Drama, 104mins, English w/ English subtitles, Rated: PG

This award-winning film tells the true story of Zach Bonner, a boy with a little red wagon who begins collecting supplies for hurricane survivors. His mission grows into long walks across the USA, raising awareness for homeless children and the impact of natural disasters, while inspiring a nation with hope and heart.

Interesting—Thursday, 16 April, 8pm

The Tale of Silyan

Macedonia-USA, 2025, Writer-Dir. Tamara Kotevska w/ Nikola Conev, Jana Coneva, Aleksandra Coneva, and others, Documentary, 80mins, Macedonian-English w/ English subtitles, Rated: PG

Nikola, a farmer in rural Macedonia, faces isolation and hardship when his family leaves and his livelihood falters. An injured stork, Silyan, enters his life, forging an unexpected bond. This award-winning film blends folklore and reality, offering a poignant portrait of resilience, identity, and the healing bond between man and nature. *The film is brought to us by a patron!*

Your generous support to help sustain and
grow this community space.
Every contribution counts!

International Film Saturday, 18 April, 8pm **Rebuilding**

USA, 2025, Writer-Dir. Max Walker-Silverman w/ Josh O'Connor, Lily LaTorre, Meghann Fahy, and others, Psychological-Drama, 96mins, English w/ English subtitles, Rated: PG

Dusty loses his ranch to wildfire and finds himself in a FEMA camp. Amid loss, he reconnects with daughter Callie-Rose and ex-wife Ruby. This award-winning drama is a gripping story of resilience and reconnection, showing how rebuilding land becomes a journey of rebuilding identity and love.

Children's Matinee—Sunday, 19 April 84pm

La Petite Bande (The Little Gang)

France, 2022, Writer-Dir. Pierre Salvadori w/ Paul Belhoste, Mathys Clodion-Gines, Aymé Medeville, and others, Comedy, 106mins, French w/ English subtitles, Rated:NR (PG)

This film is being brought to you in collaboration with Alliance-Française. Cat, Fouad, Antoine, Sami, and Aimé, five spirited schoolmates in Corsica, set out to stop a factory polluting their river. Their daring plan spirals into comic chaos, but their determination highlights friendship, courage, and youthful rebellion. It's a playful tale with a strong environmental theme, showing how young voices rise against pollution.

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 19 April, 8pm

Touch of Evil

USA, 1958, Dir. Orson Welles, w/ Charlton Heston, Janet Leigh, and others, 95 mins, Film Noir—Drama—Thriller, English w/ English subtitles, Rated: PG-13.

A Mexican official and his American wife are targeted in a Texas border town by the crime family he's trying to put behind bars for drug trafficking, as his concern grows over the tactics of the local detective whose cooperation he needs.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us: mmcauditorium@auroville.org.in.

Support MMC-CP: Every Contribution Counts: Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106, or contribute directly at the venue.

If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Write to share your proposal and let us know how you'd like to be involved at mmcauditorium@auroville.org.in to.

MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in.
Submitted by Nina

PARADISO SPECIAL

Lost Queen



Cinema Paradiso Presents
On Thursday, 9 April 2026 @ 8pm @ MMC Auditorium, Auroville

Saumya Sengupta's



Lost Queen
A film by SAUMYA SENGUPTA | PRODUCED BY NIDHARI BORDA
EDITED BY PRANAV S | A THEATRE PLAY ENTERTAINMENT PRODUCTION

Lost Queen
India, 2025, Dir. Saumya Sengupta w/ Indranil Biswas and others, Documentary, 68mins, Hindi-English w/ English subtitles, Rated: NR (PG)

Sultana Begum, great-granddaughter-in-law of India's last Mughal emperor Bahadur Shah Zafar, lives in poverty in Howrah. She fights a lonely legal battle to reclaim her family's ancestral right to Delhi's iconic Red Fort. Her struggle is not for riches but for dignity and remembrance. A forgotten crown. An unyielding spirit. This award-winning documentary reveals resilience, forgotten royalty, and the quiet strength of a woman confronting history.

Screening of this award-winning film is made possible due to the generous sharing by the director, the filmmaker and Theatre Play Entertainment. The director and the producer will be available for a brief online Q&A after the screening.

An extraordinary evening of cinema and conversation — not to be missed!
Your generous support will help sustain and grow this community space.
EVERY CONTRIBUTION COUNTS!

Humans in the Loop



Cinema Paradiso Presents
On Monday, 13 April 2026 @ 8pm @ MMC Auditorium, Auroville

Aranya Sahay's



HUMANS IN THE LOOP

Humans In The Loop
India 2024, Writer-Dir. Aranya Sahay w/ Sonal Madhushankar, Gita Guha, Vikas Gupta, and others, Drama, 74mins, Hindi w/ English subtitles, Rated: NR (PG-13)

Nehma, an Adivasi single mother from Jharkhand, unexpectedly finds herself training artificial intelligence systems — the same technology shaping our everyday lives. Her journey uncovers unseen human labor and hidden biases behind machine learning. This isn't just a film about technology, it's a soulful, urgent look at the hands building our world. Acclaimed for its bold originality, this masterwork bridges ancient heritage with the cutting edge of AI.

Hailed by film personalities and social workers as a must-see, the screening will conclude with a brief and engaging Q&A likely featuring the director and Biju Toppo, a pioneering Adivasi ethnographic filmmaker.

A film and Q&A you cannot miss!
Your generous support will help sustain and grow this community space.
EVERY CONTRIBUTION COUNTS!

MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in.
Submitted by Nina



About N&N

NEWS AND NOTES GUIDELINES

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

Visiting hours: Monday & Tuesday, 10am—12pm

Hard deadline for submissions: Tuesday 3pm

Katia & Alexey,
NewsAndNotes@auroville.org.in

CINEMA PARADISO: FUEL OUR MAGIC



Cinema Paradiso:
Fuel Our Magic – Last 3 Pledges!
Multimedia Center Auditorium – Cinema Paradiso (MMC-CP)

MMC-CP – FY 2025-26 Ends Soon. Your Gift Keeps Stories Alive!

Heartfelt thanks to 5 heroes at ₹3,000+/month! We urgently need 3 more units at ₹3,000, or several at ₹1,000+ to reach ₹9,000. This will restore our pre-COVID heartbeat. We can then chase external funds for vital equipment upgrades.

How to Give:
Auroville Units/Activities:

Easiest. Set up recurring specified contribution via FS to MMC-CP #105106.

Individual Contributions

Indian Nationals (Aurovillian or not):
FS Transfer, cheque, or NEFT to Unity Fund (A/c 10237876031). **Get guidance at Unity Fund, FS. Write "MMC-CP general purpose".** Please inform us by email at mmcauditorium@auroville.org.in

Foreign Nationals (Aurovillian or not):
Overseas cheque to Auroville Foundation (A/c 40106120526) **facilitated by the Unity Fund at FS.** In the form at Unity Fund write for recipient "MMC-CP", purpose "general". Inform us at mmcauditorium@auroville.org.in! Allow clearance time.

Pledge today—spark joy!
Grateful,
MMC-CP Team

ECO FILM CLUB

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00.:)

Friday, 10 April Guilt Trip

16 minutes, 2025, The Guardian, Sebastien Rabas, & Urban Wallace

Commercial pilots George Hibberd and Todd Smith confront the climate impact of their dream jobs. Witnessing the crisis from above, they join Safe Landing, a group pushing aviation to change. With 1.2 million people flying at any moment, they question how long society can delay reimagining aviation.

Aviram



Accessible Auroville Public Bus

 Auroville TO PONDICHERRY			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35
 Pondicherry TO AUROVILLE			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Submitted by Raju, avbus@auroville.org.in

The Last Moment

SHORT TERM TENDER CUM Open Auction Notice

Office Of The Secretary
Auroville Foundation
Auroville Foundation Bhavan
Auroville, Tamil Nadu-605 101.

No.105/OSD/F&GB/UF/2026
Date:10/04/2026

Tenders are invited by the Auroville Foundation on behalf of the Secretary, Auroville Foundation for “**the Right to Usufructs of the Cashew Trees in the Premises/ Area of Auroville International Township, Auroville, Tamil Nadu—605101**” for the period from 17/04/2026 to 15/08/2026. Sealed tenders / offer bid are invited from the eligible individuals/contractors/firms/societies who are eligible as per the terms and conditions on or before **15/04/2026 at 5pm**. The Tender will be opened on **17/04/2026 at 11am** in the Conference Hall, Auroville Foundation Office. Therefore, if the price is not satisfied by the tender committee the open auction will be conducted in the presence of the available tenderer.

Interested parties can download the Tender document available in the Auroville Foundation website www.aurovillefoundation.org.in and can also be obtained from the office of the Secretary, Auroville Foundation, Auroville Foundation Bhavan, Auroville, Tamil Nadu-605 101.

Dr. G. Seetharaman,
Officer On Special Duty,
Auroville Foundation

Emergency Services

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2910005
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/ 7):

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